The Flyer

September 2025 Edition

PO Box 55, New Ross, NS, B0J 2M0 E-mail Ads and Notices to: nrfrcflyer@gmail.com
The <u>deadline</u> for receiving items for the October Flyer is Tuesday September 23rd at 4pm with delivery coming on Tuesday September 30, 2025.

Payment for flyer ads:

Thank you all for your continued support!



NEW ROSS FAMILY RESOURCE CENTRE

4691 Highway 12, PO Box 106, New Ross (902) 689-2414 Follow us on Facebook! https://www.facebook.com/nrfrc/

OFFICE HOURS: M-Th 9-4, Closed Fridays Executive Director: nrfrcdirector@gmail.com Office Administrator: nrfrcoffice@gmail.com

Family & After School Program Co-

ordinator: Janice Cornelius, nrfrcjanice@gmail.com





ON SITE BLOOD COLLECTION every second THURSDAY.

You must **call Colleen Hull at <u>624-0406</u> to book your appointment!** BLOOD COLLECTION FEE \$15 For in Centre Collection.

Upcoming Dates: September 11th October 9th & 23rd

These dates are subject to change pending weather conditions or lack of appointments. If you have an appointment and the clinic is cancelled, you will be notified by Colleen and it will be posted on the Resource Centre Facebook page.



New Ross Family Resource Centre



For Parents and Families

902-689-2414

Our programs are always free through OSD, childcare available with snacks provided



PLAYGROUP: (FREE)

MONDAY mornings beginning SEPTEMBER 15. TIME: 10:30am - 11:30 am

Caregivers and children age birth to 5 are invited to drop in to come together in a non-structure welcoming to engage in conversation, play music, a simple craft/activity, and snack. Public Health joins us once a month to provide info, tips, and to answer any questions you may have.



Email <u>nrfrcjanice@gmail.com</u> for info.



READ & GROW TOGETHER: (FREE)

This is a new program which will replace the current LEARNING KITS. Reading with your child helps build language and thriving skills. Story time helps build both children's and babies brains- even before they can talk. This program will include a monthly take home children's book with a related activity.

To register for this program or more info please contact Janice at nrfrcjanice@gmail.com

*SPACE is limited

(If you are currently receiving the Learning Kits, you will need to re-register if you are interested in this program)



New Ross Family Resource Centre



Program Funded by Department of Opportunities and Social Development



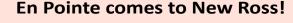
EVERY TUESDAY MORNING 9:30am-11:30am
Provided: Coffee, tea and yummy snacks

NRFRC provides a FREE safe space for our parents (littles welcome) to Drop-in, have your morning cup of coffee/tea, a snack and a place to breathe.

Resources always available.







Join us for an exciting six-week afterschool Dance Program starting

Thursday September 18th.

Grades PP - 2: 2:30pm-3:15pm **Grades 3-5**: 3:15-4:15pm

Watch our Facebook page for Registration sign up!!





New Ross Family Resource Centre



For Everyone

902-689-2414

Paid Programming/Partnerships through our Resource Centre

YOGA with MONA KEDDY:

The next sessions will begin...

TUESDAYS SEPTEMBER 9th (mornings) 9:30am-10:45 am

WEDNESDAYS SEPTEMBER 10th (evenings) 6:30pm-7:45pm.

Please email Janice at nrfrcjanice@gmail.com to register, for more info on fees, length of session.





Sound Bath with Mona Sunday, September 21 3-4pm Where: Resource Centre, New Ross Limited to 14 people

Please bring a yoga mat if possible, a pillow and a blanket.

Experience a deep relaxation session that uses the ancient practice of sound resonance to settle the mind and soothe the body. You will be bathed in sounds from Tibetan bowls, small gongs, a hand pan drum and a Japanese flute.

The various resonances create an immersive experience that can promote relaxation and inner connection.

The hour will include a brief explanation or orientation to the practice and a seated and / or lying down sound bath session.

Everyone is welcome.

Cost: optional cash donation at the door

Because space is limited, please register in advance by email to monakeddy@gmail.com

or call / text 1-514-885-7132



An Evening in Support of the New Ross Community Care Centre

SAVE THE DATE – Saturday, September 27, 2025

Enjoy a chef prepared meal, music, silent auction, and fun with your friends and neighbors. Tickets: \$75 per person. Watch for details online and in the next edition of the Flyer, or email newrosscare@gmail.com.

Donations welcome: If you would like to make an in-kind donation (labour, gravel, machinery, building supplies, etc.) please email us at newrosscare@gmail.com. For monetary donations, a cheque can be made out to the Municipality of Chester (P.O. Box 369, 151 King Street, Chester NS BOJ 1JO) with a note on the cheque that it is for the New Ross Community Care Centre, or e-transfer payments@chester.ca. Please include the name you would like on the tax receipt and the mailing address. Donations over \$25 are eligible for a tax receipt from the Municipality of Chester. To contact the NRCCC Board, email us at newrosscare@gmail.com, message us on the NRCCC Facebook page, or contact a member of the NRCCC Board.

OHC SAME DAY CLINIC CALENDAR FOR SEPTEMBER 2025

Phone Lines Open 30 Minutes Before Each Clinic Start Time Call (902) 273-2098 For A Same Day Appointment

Tuesday	Wednesday	Thursday	Friday
9:00 am to 7:00 pm	3	4	5
	8:00 am to 3:00 pm	8:00 am to 3:00 pm	8:00 am to 2:00 pm
9	10	11	12
9:00 am to 7:00 pm	8:00 am to 3:00 pm	8:00 am to 3:00 pm	8:00 am to 2:00 pm
16	17	18	19
9:00 am to 7:00 pm	8:00 am to 3:00 pm	8:00 am to 3:00 pm	8:00 am to 2:00 pm
23	24	25	26
CLOSED	8:00 am to 3:00 pm	9:00 am to 1:00 pm	CLOSED
30 CLOSED		BAGE	
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New Ross Legion Events



Your Legion is a membership club. However it is open to everyone. Members may sign in quests for every event or show. We honour our vererans and their families and we serve our community.

FRIDAY NIGHT LIVE STARTS AT 8:30 pm cover charge \$5.00 member \$7.00 non-member. Bring your dancing shoes!

SEPT 12: TeeBeeEH: TANNER & BOB(from the Upbeats)

SEPT 19: CROSSOVER BAND

SEPT 26:TBA

OCT 3: TBA

Coffee Social- Every Monday from 9-11. Join us for coffee, tea, baked goods and great conversations. This is a free will offering service and everyone is welcome.

New Ross Fair: The NR Legion would like to thank all the Volunteers who worked and the Community for supporting the Burger Booth at the Fair. See you next year!

On Monday night we draw for our 'Chase The Ace' fundraiser. Currently estimated jackpot \$6300.00 and tickets are sold throughout the community at New Ross Home Hardware, Harley Bears Shop, New Ross Post office and of course, at the legion during open hours. Only \$2.00 a ticket!

Remembrance Banners: If you would like to order a Remembrance Day Banner for telephone pole contact the Legion 902-689-2650. Deadline to order September 5.

General Meeting September 17 at 7:30. All Members encouraged to attend.

NEW TO NEW ROSS?

If you are new to the area, we'd love to know. The New Ross Regional

Development Society has welcome bags that contain information and some other goodies, so you can get to know your community. Please email newrossregdevsociety@gmail.com with your name and civic address and someone will pop by to deliver a welcome bag. In the meantime, check us out at NewRoss.ca, and on Facebook at New Ross Regional Development Society.



The New Ross Historical Society has its quarters at the Learning Centre, Ross Farm Museum. Microfilms, genealogies, historical publications, maps and folders containing historical information pertaining to New Ross and beyond.

Meetings are monthly at 7pm, 4th Wednesday of every month at the Ross Farm Museum.

Everyone is Welcome!!

Here is how you can contact this great organization:

PO Box 35

New Ross, NS Canada B0J 2M0

newrosshistorical@gmail.com

Or Follow us on Facebook at:

New Ross Historical Society and/or

New Ross Nova Scotia Old Photos

Welcome to the New Ross Diner!

With almost 2 months into the summer season, we thought it would the perfect time to introduce the new owners of the **New Ross Diner**.

As of May 1, 2025, Vittles Café-previously owned and operated by Staci Hiltz & John Welner changed to the **New Ross Diner**. Adrian Welner, son of John Welner of New Ross and his wife Nadine Welner took over as new owners and operations.

Many people know Adrian as he grew up in New Ross, however Nadine grew up in Cape Breton. As a proud French Acadian, she is looking forward to serving customers and meeting the lovely people of New Ross.

Adrian and Nadine are excited to serve the community of New Ross and would also like to send a heartfelt thank you to John & Staci for their commitment to the community for the last 24 years.

The **New Ross Diner** is open Monday to Wednesday 7:30 a.m. to 7:00 p.m.- Thursday to Sunday 7:30 a.m. to 8:00 p.m.

Call 902-689-2448 for Take-out. We also have ice cream and shakes.

Thanks Adrian and Nadine

Forties Community Centre Events: 1787 Forties Rd, New Ross

Crib Tournament - Sun, September 07

Doors open 12:00 noon. Registration at 12:30pm and play starts at 1:00 pm. Cost: \$20 / team. Must be 19 years or older. Canteen available. Wheelchair accessible (ground level).

For more info call 902-689-2147

Card parties every Tuesday @ 7pm Forties Community Centre \$3 / person. 50/50 draw. For more information, call 902-644-3359.

Pork Roast Supper - Sun, September 14

4-6pm Pork roast supper, pie or cheesecake dessert, tea / coffee. Adults: \$17, Under 12: \$7.50, Under 5: \$3.50 Eat in or Take-Out. Fully accessible facility. For more info call 902-689-2147.

Upcoming Meals: fortiescc@gmail.com

September 14:	Roast Pork Supper	4:00-6:00pm
October 13:	Thanksgiving Day Turkey Dinner	12:00-2:00pm
	Thanksgiving Day Turkey Supper	3:00-4:30pm
October 26:	Roast Beef Supper	4:00-6:00pm
December 6th&7th:	Christmas Festival Turkey Dinner	12:00-2:00pm
	Christmas Festival Turkey Supper	3:00-4:30pm
December 14:	Breakfast with Santa	8:00-11:00am

Call 902-689-2612 or 902-689-2000 We are on Facebook Membership New Ross and District Museum Society,

The Board of the New Ross and District Museum Society is holding a Special Meeting of the Society on September 11th, 2025 at 6:30 in the evening at Ross Farm Museum. There is much to discuss and if you are a voting member or someone thinking of joining NRDMS or an interested citizen please attend. I have included the NRDMS Foundation Statements describing the Ross Farm Mission, Mandate, Vision, and Values as well as a membership form.

We recently held a well attended public information session and barbeque at Ross Farm. At this upcoming Special meeting we will share more information about what has been a disappointingly difficult relationship with Nova Scotia Museum and the Department of Communities Culture Tourism and Heritage. Our Board feels we have been made the scapegoat for a failure of government oversight and systemic government disrespect for a volunteer Board.

It is the Board's intention that because of ongoing challenges with NSM and CCTH, 3 members of the Executive will resign at this special meeting, and new members will be brought on. It is the Board's expectation that this move will allow our Board to return to a management role.

The Board of the NRDMS is a group of nine volunteers working to maintain and improve Ross Farm Museum. We have recently hired Marc Tasse´as Ross Farms full time Executive Director. Your Board of directors sets policy, working with Nova Scotia Museums and the Dept of Communities Culture Tourism and Heritage. Our Executive Director is responsible for staff.

In order to better understand and define this relationship we recently hired baker tilly to do an independent process audit for the Museum including analysing policy or the lack thereof from NSM. We hired the same firm to do a financial audit. The NRDMS Board with our ED handles a budget in excess of 1.2 million dollars and to our knowledge there has never been a complete financial audit done. CCTH Deputy Minister Chris Shore recently removed those audits from Board control. As New Ross District Museum Society Members you deserve to know why.

The only way to maintain a strong Board is to maintain a strong Membership. A strong membership represents strong citizen input and without this we do not have a partnership with CCTH. Please read the Mission Statement and fill out the enclosed membership form.

Despite these ongoing challenges the New Ross and District Museum Board has continued to advocate and work to improve Ross Farm Museum. Some of these accomplishments are listed below.

- Previously only Ross Farm management were eligible for the farm's pension plan.
 The Board changed this so now all employees are eligible to join if they wish and Ross farm matches their contribution to a maximum annual amount.
- 2. Last fall when it came to the Board's attention that the farm's winter staff had been laid off without our knowledge, the Board voted unanimously to spend retained earnings to hire them back. This allowed the farm to continue it's winter program.
- We formed a Heritage Breed committee improving herd health, establishing proper turnouts for the horses, implementing proper record keeping and improved animal husbandry practices. This included registering heritage animals with Canadian Livestock Records and also resulted in an on-demand watering system being installed.
- 4. One of our Board Volunteers did an energy audit for the farm which saved the farm thousands of dollars, and we are working on putting in a charging station for electric vehicles. Currently there is no EV charging station between Chester Basin and Kentville.
- 5. We established the Café 'and working with staff have improved the Pedlars Shop. Community Members visit the farm more often and the overall visitor experience has been enhanced.
- The Learning Centre is hosting more exhibits and displays. These continue to improve the farm experience and provide an interesting venue for visitors and New Ross citizens.
- 7. We hired baker tilly to do a proper financial audit for Ross Farm.
- 8. We hired a headhunting firm to find a new Executive Director, and this resulted in hiring Marc Tasse ´. All these contracts were properly managed RFP contracts resulting in independent third-party contracts.

Sincerely
Gerald Keddy
Chair New Ross and District Museum Society



New Ross District Museum Society Foundation Statements Ross Farm District Museum Society Strategic Plan (2017-2020)

Mission

The mission of the Ross Farm District Museum Society is to depict the authentic experience of a typical 19th and early 20th century working upland family farm in Nova Scotia and develop awareness of the relevance of traditional agricultural practices to contemporary life.

Mandate

The mandate of the Ross Farm District Museum Society is to:

- Preserve the physical fabric of the Ross Family Farm;
- Interpret the experience of the Ross family farm and the Ross family as representative of a Nova Scotia
 upland family farm of the period;
- Demonstrate, teach and preserve traditional agricultural practices;
- Highlight the connections between traditional practices and current issues of economic, social and environmental sustainability;
- · Design and implement educational programming for youth and audiences of all ages;
- Provide a forum for discussion of sustainable farming and agricultural traditions;
- Collaborate with other museums, educational institutions, organizations and individuals in the furtherance of our mission and the overall mission and interpretive goals of the Nova Scotia Museum;
- Engage in enterprises that relate to the preservation and practices of sustainable living.

Vision

Our vision is to be a recognized centre of excellence in the modern application of environmentally and economically sustainable traditional small farming values and practices.

Values:

Ross Farm values:

- Our Story: We are proud of the story we tell and what it teaches about both the past and present;
- Our Community: Our community are our partners, and we can build on each other's success;
- **Our Visitors:** We are committed to serving our visitors and ensuring a welcoming and enjoyable experience;
- **Teamwork, Collaboration, Respect:** We are committed to working together and with others in ways that are supportive and respectful;
- Safety: We believe that the safety and well-being of our visitors, staff and livestock are imperative;
- Sustainability and Stewardship: We are committed to working in ways that are environmentally and financially sustainable, and to demonstrating responsible stewardship of our assets and resources;
- Fairness, Inclusivity and Transparency: We endeavor to be fair, inclusive and transparent in our choices and actions;
- Heritage Resources: We are committed to the preservation of heritage breeds, seeds and skills;
- Responsiveness and Innovation: We strive to be open to new ideas and innovative in the way we work;
- Rural Way of Life: We have a deep respect for the way of life in rural areas and the lessons that can be drawn from it.



NEW ROSS DISTRICT MUSEUM SOCIETY (NRDMS) Membership Registration Form

following statements to cothat information to contact	orm with your name and contact information on firm that you will allow us to 1. collect a cot you, and 3.that you support New Ross I be armission to include my personal information.	nd store your contact ir District Museum Society	nformation, 2 / objectives.
NRDMS may conta	act me about Society membership and Ro	ss Farm Museum matte	ers.
I have read NRDM	S Foundation Statements and support the	e Mission, Mandate, Vis	ion and Valu
•	on remains yours. If at any time you would prefer ease contact the Corporate Secretary, New Ross		
Your First Name			
Your Last Name			
Your Address	Civic number and street or road e.g. 23 Brown Road		
Your Community		Your Postal Code	
Your email address			
Your membership status	☐ I will be a new member.		
	☐ I am already a member	Your signature	
	☐ I am a lifetime member		
Please drop off at the Credit Union, New Ross with your \$10 annual membership fee. Thank you.		Date s	signed

Foot Care Clinic

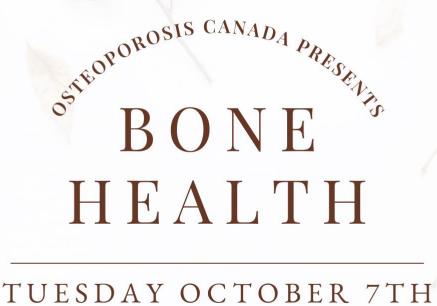
At New Ross Resource Center

Removal & Treatment of:

- ✓ Calluses and corns
- ✓ Fungus, ingrown nails



I am a Diabetic, Advanced and Basic foot care nurse. If you would like to book an appointment contact Candace (902) 689-2377



Did you know at least 1 in 3 women and 1 in 5 men will suffer from an osteoporotic fracture in their lifetime. This workshop provides a general overview about what osteoporosis is, risk factors, how to maintain healthy bones, the impact of nutrition & physical activity, and fall prevention. Learn how to reduce your risk of fracture and about resources available for those living with or at risk for osteoporosis.

NEW ROSS CONSOLIDATED SCHOOL 7:00-8:00PM REGISTER BY CALLING THE MUNICIPALITY OF CHESTER AT (902)275-3490

NEW ROSS PICKLEBALL



WEDNESDAYS AND SUNDAYS STARTING SEPTEMBER 13TH

6:00-8:00PM

\$4 DROP-IN



SEE THE MUNICIPALITY OF CHESTER'S EXPLORE
LIFE BROCHURE FOR MORE DETAILS!



CREATIVE CONNECTIONS

Conversation flows when hands are busy!



EVERY OTHER
THURSDAY
STARTING
OCTOBER 16TH

FREE DROP-IN

10:00 - 12:00 AT THE NEW ROSS FAMILY RESOURCE CENTER

Bring whatever you are working on at the moment...creative writing, wool felting, wood burning, knitting, carving, quilting, crochet, sketching, tinkering...you might be inspired by others, finish an older project or start something new!

YARD SALE Saturday, September 13 10 am – 2 pm 1775 Forties Road

Lots of goodies to be found in this multi-family yard sale
- sports equipment (balls, rackets, ping pong table), pet
supplies (unopened cat food, cat carrier, dog bed,
leashes, car ramp), area rugs (patio and indoor - barely
used and clean!), teens, mens & womens clothing (variety,
including snow pants, winter coats), puzzles (Bits &
Pieces, Cobble Hill), dishes, small kitchen appliances,
furniture (arm chair, office chair, file cabinet, cedar chest,
toy box).

Celebration of Life

The family of the late **Cecil Lenihan** would like to invite everyone to a graveside service at the Christ Anglican Church Cemetery (by the school) on **Saturday, September 13 at 11 am**.

We would like to thank everyone who sent cards, called and made donations in memory of Cecil (Dad). Thank you, Briana, Whites Family Funeral Home for your kindness, support and guidance. Thank you to the Drs and nurses at Valley Regional.

"Death leaves a heartache no one can heal, loves leaves a memory no one can steal." Richard Puz

Always on our mind, forever in our hearts: Carolyn, Valerie, Carson and family. Chris, Marvic and family, Christine, Tim and family

Happy 80th Birthday Gail Larder

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Come help us celebrate a big day. We will be hosting a drop in at the New Ross Legion on **Saturday, September 13th from 2-4pm** (this is her actual Birthday) and the **ENTIRE** community is invited. We will have sandwiches, cake, tea, coffee and juice.



C U W V B F K S Q S W H A R V E S T H G O Y S M A N T A T O U U O G K R P M L E A C F D F O O T B A L L W B T Q W O Z B S E E Z Z A G E R Y N T U E N I B E X R W J P N X T B U W A A P P L E C I D E R E A U O A H U D C N U T U U U N C T A Q A P R V S A U U R K K P P Z M H R B C T T T P L E A N N O J Y S R P C U P A G I C E L E M J K C A D B E F W K E U K Y M K R E A B U S K F Y O P L I O H Z E I Y B P S V E L G P H L N T Z H P S J S Q N O Q Q E R S I Q A W F E Y E M U W E Q J O J N S O M V V C N I M C O Q N R M W K T T B M E K I F Z B R B R Y C F K N L J S V Y A P N N Q K G E E A V G L U T A A O V N R R D G H N A B R U Q T O O N I G V C Y A O O P I Q O N H T X F W J Z Y P E L C X F E A L T K O E U W Z E S U P P B R D E F I D C W K O Q M Z Q R B F Z U S D R O R J O V Z O Y W N C J G R K N E U



AUTUMN BONFIRE BOOTS OCTOBER RAKE HARVEST LEAVES CARNIVAL APPLES FOOTBALL SWEATER NOVEMBER SEPTEMBER SUNFLOWER



Danielle Barkhouse

MLA Chester-St. Margaret's

Office Location: #3, 4080 Highway 3 Chester NS, B0J 1J0



Mon-Fri 10am – 4pm Wheelchair accessible

Office Phone: 902-275-2501 Email: BarkhouseMLA@gmail.com Facebook: @BarkhoueMLA







* Registered Massage Therapist

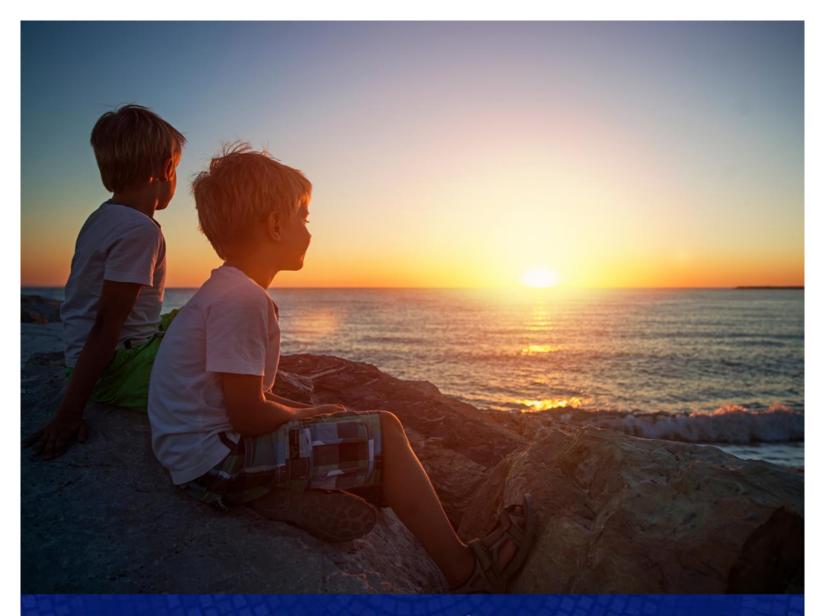
* Craniosacral Therapist

Afternoon and evening appointments available.

Phone: (902) 689-2849

E-mail: juliasandersrmt@hotmail.com

4905 Highway 12, New Ross



From the last days of **summer** to the fresh **start** of a new school year-We're **here** to help **support you**, your **family** and your **community**.



mosaikcu.ca

1.866.318.7541





