## The Flyer

## May 2025 Edition

PO Box 55, New Ross, NS, BOJ 2M0 E-mail Ads and Notices to: nrfrcflyer@gmail.com The <u>deadline</u> for receiving items for the June Flyer is Wednesday May 21st at 4pm with delivery coming on Wednesday May 28, 2025.

#### Donations for flyer ads:

Payments by cheque, cash, or E-transfer to **newrossflyer@gmail.com** Full page ad \$30 ½ page ad \$15 1/3-page ad \$10 Please remember to include your contact info with your ad (name and phone #)

#### The Flyer acknowledges the following recent donations:

Our Health CentreNew Ross Trail SocietyRoss Farm MuseumTD NurseryHudson Heisler-Broome

por

We at the Family Resource Centre would like to say a Huge Thank You to everyone who has been helping make our programs successful.

The Farmers Association for letting us use their Dining Hall for the use of their kitchen for our hot meal program. A HUGE thank you to all the Ladies who prepped, cooked and packaged the meal that served 38 families over the course of 7 weeks. We were able to provide 988 meals to our families.

Forties Community Centre for serving the families in our community for a hot meal from April to December in 2024. They had served 59 different families throughout those amazing months.

A Big Thank You to Mona Thomarat for her endless volunteering doing income taxes for our families.

To Evan Lenihan and Luke Skerry for volunteering their time to run our Summer Soccer Program.

To Maryanne Steffen for her efforts on organizing, planning AND executing the Halloween & Christmas Parties for our families.

To all volunteers who committed their time with the Angel Tree and picked up the gifts for this wonderful program.

We appreciate and thank all our volunteers in every way possible to help us serve our community, and help make it the wonderful place it is!

#### NEW ROSS FAMILY RESOURCE CENTRE

4691 Highway 12, PO Box 106, New Ross (902) 689-2414 \*Follow us on Facebook! https://www.facebook.com/nrfrc/ **OFFICE HOURS: M-Th 9-4, Closed Fridays Executive Director:** nrfrcdirector@gmail.com **Office Administrator:** <u>nrfrcoffice@gmail.com</u> **Family & After School Program Coordinator:** Janice Cornelius, nrfrcjanice@gmail.com



#### **ON SITE BLOOD COLLECTION** every second THURSDAY.

You must **call Colleen Hull at** <u>624-0406</u> **to book your appointment!** BLOOD COLLECTION FEE \$15 For in Centre Collection.

**Upcoming Dates:** May 8<sup>th</sup> & 22<sup>nd</sup> June 5<sup>th</sup> & 19<sup>th</sup> July 3<sup>rd</sup> & 17<sup>th</sup> & 31st

**These dates are subject to change pending weather conditions or lack of appointments**. If you have an appointment and the clinic is cancelled, you will be notified by Colleen and it will be posted on the Resource Centre Facebook page.

\*\*\*\*\*\*\*

A BIG Thank You to Mr. Meister for your continued support and dedication to the New Ross Family Resource Centre

## The New Ross Family Resource Centre

is hosting our annual AGM Meeting on Tuesday May 27<sup>th</sup> at 6:30 p.m, followed by our regular meeting right after. All is welcome to attend and support our Family Resource Centre!





New Ross Family Resource Centre



#### For Parents and Families

#### 902-689-2414

#### Always free, childcare available, snacks provided



#### Self regulation

Tuesdays 1:30 - 3:00 Starting May 6, 2025 This 6 week program used the AMPed up! Anger Management Program Guidelines for parents that puts emphasis on understanding your emotions, enhancing communication, and stress management skills. You will gain the ability to better regulate your emotions and productively manage your feelings. In-person or virtual.

> nrfrcjanice@gmail.com 902-689-2414

#### At Home Learning Kits

Includes activities for children (ages 1-5), family activities, or an online component. These kits are prepared monthly. Email Janice for yours today! <u>nrfrcjanice@gmail.com</u> or 902-689-2414





#### Sensory Sensitive Kids

This session helps caregivers understand how sensory needs shape behaviour. Whether a child is sensory seeking or avoiding, unmet needs can lead to outburst or meltdowns. Caregivers will learn to identify their child's sensory profile and create a sensory diet to support regulation and well-being.

When: Thursday May 22<sup>nd,</sup> 6:00-7:30p.m



New Ross Family Resource Centre





#### Play Group

#### Every Monday 10a.m-11:30a.m

For Families with Children from birth to age 5. Includes free play, art activities, reading, music, a healthy snack, and an opportunity for adults to connect.

Girl Talk with Janice

#### Starting May 7- May 28, 2025

Discussions may include: Friends and trust, Healthy Lifestyles, Bullying, Effective Communication, Self-Esteem, Social Media and Confidence Building and Craft making.

#### What do I bring?

All you need to bring is the willingness to have fun! Snacks are provided and prepared.





Yoga with Mona When: Tuesday mornings 9:30 – 10:45 Start: April 1<sup>st</sup> for 10 weeks Fee: \$120.00

#### May Produce Boxes

Fresh local produce box with potatoes, apples, cabbage, english cucumbers, onions, beets, sweet potatoes, and Lively Lentil Sprouts from Greens from Haligonia. Cost is \$25 and is due at time of registration. 24 spots available. Register by May 8<sup>th</sup> at 4 p.m. by calling 902-689-2414 or emailing nrfrcoffice@gmail.com. Pick up is May 14<sup>th</sup> 1 p.m. -4 p.m.





#### New Ross Soccer

Summer soccer is back in New Ross this year! This 10-week program will run on Tuesdays starting June 17<sup>th</sup> to August 26<sup>th</sup> (skipping Canada Day) and for ages 4–8 (born 2016–2021). Time: TBD Cost: \$50 per child. Registration to be found on FB page or by calling 902–689–2414

## Community News





Call (902) 273-2098 starting 30 minutes before each clinic's start time.

(No Walk ins) \*Schedule Is Subject to Change\*

- May 1<sup>st</sup> 9:30 am to 1:00 pm
- May 8<sup>th</sup> 9:30 am to 1:00 pm





## New Ross Legion Events



Guest must be signed in by a Member. Under aged guests must be accompanied by a guardian. Membership is easy and inexpensive. Come take a look! Open Monday, Thursday, and Friday at 4:00.

**FRIDAY NIGHT LIVE STARTS AT 8:30 pm** cover charge \$5.00-member \$7.00 non-member. Bring your dancing shoes!

MAY 2: KARAOKE with STORMIN NORMAN MAY 9: OPEN MIC HOSTED BY DAVE KEDDY MAY 16: RTE 12 MAY 23: MCCARDY MAY 30: THE FISHERKINGS

Pool is available 3 nights a week. Drop in to play!

Bingo every second Thursday. Play begins at 6:30. All players are welcome. Check our sign board for more details.

Chase The Ace continues in New Ross. Tickets on sale at the Legion, Home Hardware, Post Office, Gina's and Harley Bears.

Visit us the Fair grounds on May 10 for burgers or hot dogs during the Spring Fling, Pulls & Market.

Upcoming events:

New Ross Legion Open Triples Dart Shoot May 24. Captain meeting 9:30. To register call 902-277-0898 by May 19th. Bar and canteen \$60.00 a team.

Legion Zone 13 Youth Sports Day June 7 for children 5 -12 hosted by NR Legion at the New Ross School. Registration forms available at NRCS.

Canada Day with live music, food, games and Fireworks! Stay tune for next month's flyer for more details.



The New Ross Trails Society will be holding their **AGM** followed by their regular general meeting, **Tuesday June 03, 2025 at 7:00pm** at the New Ross Family Resource Centre. We welcome ALL to attend and new members are always welcome!

We're also in the planning stages for upcoming trail events! Watch for future announcements in the Flyer and on our Facebook page, <u>www.facebook.com/newrosstrailssociety</u> for dates, times, and details! ~Happy Trails!~



## Just a little Reminder.

**The New Ross Fire Department Committee** is accepting Stuff Animals or Stuff Toys. In saying this, if anyone comes across any of these items and is looking for a new home for them, we can gladly take them off your hands! We enjoy getting them because we know how they bring a smile to everyone's face, especially the little people when they visit the Firefighter's booth during the New Ross Fair! You can contact Linda Meister at (902) 689-2477 or Jan Reeves at (902) 689-2018 to make arrangements. We would like to THANK YOU in advance for thinking of us!

#### **New Ross Fire Department**





The New Ross Historical Society has its quarters at the Learning Centre, Ross Farm Museum. Microfilms, genealogies, historical publications, maps and folders containing historical information pertaining to New Ross and beyond.

Meetings are monthly at 7pm, 4th Wednesday of every month at the Ross Farm Museum. **Everyone is Welcome!!** 

Here is how you can contact this great organization:

PO Box 35

New Ross, NS Canada B0J 2M0

newrosshistorical@gmail.com

Or Follow us on Facebook at:

New Ross Historical Society and/or

New Ross Nova Scotia Old Photos

# Firefighters, Mayfest Breakfast & Bake Sale



## May 3. 2025 7:30 - 10:00 A.M New Ross Firehall

Menu: eggs, bacon, sausage, toast, pancakes, juice, tea, coffee Cost: Adults- \$10 Children (Ages 5-12) - \$5 Preschoolers – free Anyone wishing to make a donation of baked goods or who would like to donate some time to help at the breakfast, please call Linda at 902-689-2477 or Janice at 902-689-2018. Your support is greatly appreciated! The New Ross Regional Development Society On behalf of the entire Community, would like to congratulate these people for the awards of recognition they have recently received!

Volunteer Awards

Pictured: MLA Danielle Barkhouse, Ellison & Ruth Veinotte, Warden Alan Webber Margeson Reeves



was nominated for a **2025 Volunteer Award** in recognition of his continuing role with the NRRDS Christmas Festival Committee. For over 25 years, Margeson has been in charge of sourcing our Christmas Tree for the Festival, as well as the organizing, creation and placement of the many wreaths that decorate our community for the Christmas season. Margeson's contributions to the New Ross Christmas Festival, often behind the scenes, play a very important role for the delivery of our Festival each year and the members of the New Ross Regional Development Society appreciate all he does. The Municipality of the District of Chester Council members selected Margeson as their representative to attend the Provincial Volunteer Awards ceremony in Halifax next month. **Congratulations Margeson!** 

Pictured: MLA Danielle Barkhouse, Ellison & Ruth Veinotte, Warden Alan Webber



Ellison and Ruth Veinotte were nominated for a 2025 Volunteer Award by the Forties Community

Centre, in recognition of their ongoing efforts to deliver a monthly Crib Tournament at the Forties Community Centre.

More than eleven years ago, Ellison and Ruth (Ruthie!) started their Crib tournament, held on the first Sunday of each month. It has grown into one of the most popular events available to the many dedicated crib

players from far and wide. Regularly, 55-65 teams show up each month to enjoy the challenge of the game and to enjoy the warm friendships they have formed over the years. These get-togethers provide an opportunity to spend an enjoyable afternoon playing a good game of cards with a

great group of friends! It is very much a get-together of a big, happy family.

Thanks to the dedicated efforts of both Ellison and Ruthie Veinotte, this crib tournament is an amazing success and will continue to be for many

years.

#### **Congratulations Ellison and Ruth!**

Pictured: MLA Danielle Barkhouse, Mark Meister, Warden Alan Webber

**Mark Meister** 

was nominated for a **2025 Volunteer Award** in recognition of his continuing role as an active member of the **Chester Basin / New Ross / Chester Lions Club**. Mark was instrumental in the building of the New Ross Lions Park and is active in its ongoing upkeep. He helps organize the Lions' annual apple sale in September, arranging the delivery of the crates of apples and getting them into bags for sale.

Throughout his Lions Club career, Mark participated in our numerous fund-raising projects to benefit Our Health Centre, South Shore Regional Hospital Redevelopment and Lions Foundation of Canada Dogs Guides to name a few. Mark's achievements as a member of the Lions Club have

been many and appreciated by all. Congratulations Mark!



## Volunteer Awards

Pictured in Photo: President New Ross Legion Janet Walker, Ron Langevin, President NS/NUN Command Don McCumber, NS Provincial Awards Chair Harry Jackson.



**Ron Langevin** A **King Charles III Coronation Medal** was awarded to **New Ross Legion member Ron Langevin** in recognition of his long and dedicated career with the Canadian Legion. Ron has been an active member of the local Legion, RCL Branch 79 New Ross and has served in various positions including President, Past President, Poppy Chair, Service Officer and Maintenance Chair.

Through Ron's leadership, the Veteran's banner program was initiated and continues to grow, raising awareness of Veterans who have served during times of conflict and in peace keeping. Ron continues to be a mentor and confidant to all that know him. Ron's many years of exceptional service to the New Ross Legion are valued and appreciated by everyone involved with our Legion. **Congratulations Ron!** 

Pictured in Photo: Charlie Yeaton, Award Winner Marsha Yeaton, MP Rick Perkins Marsha Yeaton



A **King Charles III Coronation Medal** was awarded to **Marsha Yeaton** in recognition of her long and dedicated career as a volunteer in our New Ross/Forties community. The benefits of Marsha's efforts have had a positive impact on our community, the Municipality of the

District of Chester and the province of Nova Scotia. Marsha's successes and accomplishments are too numerous to list. However, within our community Marsha's easily identified as the driving force behind the ongoing operation of the **Forties Community Centre**.

The planning and organizing of all Centre events is led by Marsha and her excellent support team, whether it be delivering a monthly supper, a special event for a group or organization, a wedding reception or a celebration of life for a loved one. As a result, the Forties Community Centre is recognized as one of the community centres in the province! Marsha's commitment and effort to every event, be it large or small, is always 100%, and she is very deserving of this recognition.

**Congratulations Marsha!** 

New Ross Regional Development Society ANNUAL MEETING – Wednesday May 14, 2025 New Ross Legion – 7:00pm - Upstairs

This is an open meeting, and all guests are welcome to attend and find out more about what our organization does. Our current group is small but committed and effective. We value the input and involvement of new members interested in our community initiatives. Please feel free to drop by and listen!

Since the inception of the NRRDS, more than 30 years ago, we have delivered many exciting projects for the benefit of our New Ross community.

We are proud of our New Ross History and our accomplishments! Come join us to continue this wonderful work.

#### New Ross Regional Development Society

#### ANNUAL MEETING – Wednesday May 14, 2025

#### New Ross Legion – 7:00pm - Upstairs

This is an open meeting, and all guests are welcome to attend and find out more about what our organization does. Our current group is small but committed and effective. We value the input and involvement of new members interested in our community initiatives. Please feel free to drop by and listen!

Since the inception of the NRRDS, more than 30 years ago, we have delivered many exciting projects for the benefit of our New Ross community, including the list below of the contributions to this community:

- Creation of local Tourism group which is producing a local tourist attraction map.
- Lion's Park Community Walking Trail.
  - connecting to the New Ross Museum trails maintenance and signage.
- 'Welcome to New Ross' signs.
  - Located at each end of community on Hwy 12.
- Construction and maintenance of the Community Bandstand at Charing Cross.
- New Ross Christmas Festival 30 Years and Counting!
  - The very first project of the newly formed New Ross Regional Development Society.
- Purchase of a High-Quality PA Sound System.
  - Available for use by all organizations for special events.
- <u>WWW.NEWROSS.CA</u> website design, development, and upkeep.
- New Ross 200<sup>th</sup> Anniversary Celebration.
  - Initiated discussions regarding events to celebrate the 200<sup>th</sup> anniversary of New Ross in 2016. Soon after talks were underway, a separate committee was formed consisting of reps from many other organizations, as well as many local interested volunteers, all contributing to the delivery of a variety of anniversary events, culminating with a major community celebration in August.
  - The placement of the Legacy Mural on the wall at the Clover Farm parking lot was a lasting testament to our grand celebration.
  - As a result of the hard work of the Anniversary committee and their many helpers, the Community of New Ross was awarded the Lieutenant Governor's Award for Community Spirit that same year.
- Strategic Plan for the New Ross Community.
  - Identify strategy for future plans and projects.
  - Reviewed, updated, and re-issued in 2023.
- 30' aluminum flagpole.
  - Purchased and installed at The Cross near Bandstand.
- Community Benches.
  - Purchased four benches to be set up along village sidewalks.
- New Ross Refugee Society.
  - Originated a special sub-committee to bring a refugee family of four to reside in New Ross.
- New Ross Trail Society.
  - Originated a special sub-committee to work with Municipality of Chester Parks and Rec, for the creation and upkeep of community walking trails in New Ross.
- New Ross Festive Carolers.
  - Assisted and supported Linda Hiltz in her quest to deliver hundreds of carolers to the New Ross Community Mission Accomplished!
- New Ross Community Ice Rink.
  - Fully supported the rink project and assisted in efforts in several ways, including support for the recent Winter event fundraiser

#### We are proud of our New Ross History and our accomplishments! Come join us to continue this wonderful work.



#### **AGM-Commissioners** for Fire Protection for the District of New Ross (District6)

May 6, 2025 New Ross Fire Station 4929 Hwy 12, New Ross 7:30 PM

The commissioners for Fire Protection for the district of New Ross and surrounding area (District 6 in the Municipality of Chester) will be reporting on the provision of fire protection for the past fiscal year and setting the budget and area rate for the 2025-2026 year.

All those on the tax roll for District 6 are invited to attend.

Other potentially relevant topics for discussion must be submitted in writing and received no later than May 1, 2025. Please address these to: Cameron Broome: PO Box 150 New Ross, NS B0J2M0 Or email: firecommission@newrossfire.ca



### The New Ross Preschool Society

would like to thank the Municipality Of Chester, District 6 for the financial support to help purchase program supplies, open ended play toys and sensory experiences for the children. Thank you to Tina Connors for bringing our grant request to the Board.

> With much appreciation, Mary Kennedy **Daycare Director** New Ross Preschool Society

## **NEW ROSS COMMUNITY GARDEN TOUR**

**New Ross** Aug 2&310am-<br/>3pm dailyNew Ross<br/>community

Bringing Neighbors Together to Grow, Share, and Cultivate a Greener Future!

Want to Join Us?

We are looking for local gardeners who would like to open their gardens for tours on the weekend of August 2-3, 10-3 daily. The goal is to attract other garden clubs and gardening fans, to come see all our beautiful gardens.

Please email Patti at patti.mcneil@gmail.com or call Barb at 902-689-2855 or Linda at 902-689-2477, if you are interested.





One Step Closer

The Municipal Site Plan approval was granted in late March, bringing the New Ross Community Care Centre Board one step closer to building homes in the heart of New Ross. The Board is working hard to secure funding for the project, which will include 11 town home apartments on Rosebank Road.

Pop-Up: Catch us at the This 'N That Market on Saturday, May 10 at the New Ross Fair Grounds, 10 am – 3 pm. We'll be there to talk to people, share information, and answer

questions about the housing project.

Donations welcome: If you would like to make an in-kind donation (labour, gravel, machinery, building supplies, etc.) please email us at <u>newrosscare@gmail.com</u>. For monetary donations, a cheque can be made out to the Municipality of Chester (P.O. Box 369, 151 King Street, Chester NS BOJ 1J0) with a note on the cheque that it is for the New Ross Community Care Centre, or e-transfer <u>payments@chester.ca</u>. Please include the name you would like on the tax receipt and the mailing address. Donations over \$25 are eligible for a tax receipt from the Municipality of Chester. To contact the NRCCC Board, email us at <u>newrosscare@gmail.com</u>, message us on the NRCCC Facebook page, or contact a member of the NRCCC Board.

## T & D Nursery

Officially opening for the season on May 15, we will be open 8:30 am to 4:30 pm daily. We will have the usual product line potted annuals, annual in packs, hanging baskets, perennials, some vegetable seeds (including seed potatoes), vegetable transplants and soil amendments.

If you need something sooner give us a call 902 689-2737.

## **NEW TO NEW ROSS?**

If you are new to the area, we'd love to know. The New Ross Regional Development Society has welcome bags that contain information and some other goodies, so you can get to know your community. Please email <u>newrossregdevsociety@gmail.com</u> with your name and civic address and someone will pop by to deliver a welcome bag. In the meantime check us out at NewRoss.ca, and on Facebook at New Ross Regional Development Society.

### Forties Community Centre Events: 1787 Forties Rd, New Ross

**Card Parties** 

Tuesdays evenings @ 7pm \$3 / person. 50/50 draw. For information, call 902-644-3359

**VENDORS WANTED:** Flea Market & Yard Sale Sat, May  $3^{rd}$  from 9am - 3pm Tailgate vendors or tables = \$10 Reserve your spot: Ervin 902-689-2782 or Marsha 902-689-2612

> **Flea Market & Yard Sale- May 3<sup>rd</sup> 9am-3pm** BBQ'd hot dogs + sausages for sale. Fully Accessible Facility

> > Crib Tournament - Sun, May 4th

Doors open 12:00 noon. Registration at 12:30pm and play starts at 1:00 pm. Cost: \$20 / team. Canteen available. Must be 19 years or older. Wheelchair accessible (ground level). For more info call 902-689-2147

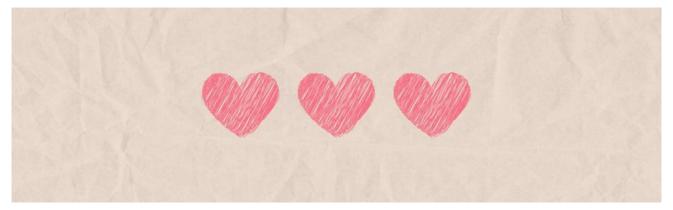
Mother's Day Supper- Sunday May 14th 4-6pm Chicken breast dinner, dessert, tea / coffee. Adults: \$17, Under 12: \$7.50, Under 5: \$3.50 Eat in or Take-Out. Fully accessible facility. For more info call 902-689-2147

Forties Community Centre Suppers PO 2025 fortiescc@gmail.com

May 11: Mother's Day Chicken	4:00-6:00pm
June 15: Father's Day Roast Beef	4:00-6:00pm
July 13: Supper Meatloaf	4:00-6:00pm
August 10: Blueberry Supper ham & hodge podge	4:00-6:00pm
September 14: Roast Pork Supper	4:00-6:00pm
October 13: Thanksgiving day Turkey Dinner	12:00-2:00pm
& Supper	3:00-4:30pm
October 26: Roast Beef Supper	4:00-6:00pm
December 6th & 7 <sup>th</sup> : Christmas Festival Turkey Dinner	12:00-2:00pm
& Supper	3:00-4:30pm
December 14: Breakfast with Santa	8:00-11:00am

Call 902-689-2612 or 902-689-2000

We are on Facebook





## Blue Bike Farm is open for the 2025 season!

Come visit us 7 days a week l0am -7pm

You'll find a great selection of baked goods, preserves, pickles & sauces & lots of unique items you won't find elsewhere!

Check out our fridge for farm fresh eggs & ready to eat savoury items!

We accept cash or e-transfer.



## **Business** Section





\* Registered Massage Therapist Craniosacral Therapist

Afternoon and evening appointments available.

Phone: (902) 689-2849 E-mail: juliasandersrmt@hotmail.com

4905 Highway 12, New Ross

Feeling stressed or anxious?

## **LEARN TAPPING**

Tapping Relieves Stress. A Simple Skill That Lasts a Lifetime.

SUNDAY, APRIL 20 1:00 - 2:30 PM 45 FORTIES RD, NEW ROSS

## What You Will Learn

Join Carol Millett, a Tapping practitioner with 10 years of experience, to learn the basics of Tapping, a simple yet effective technique to help you relieve stress or an unwanted emotion. We focus on the source of the stress or emotion and then we "tap to release" the stress or unwanted emotion. (You don't need to say it aloud.)

To register, call Carol by April 18. 902-209-3638 By Donation.



The **key** to your new **home** starts with the **right** mortgage!



Now with 9 locations and extended hours to better serve our members!



## **G&C Hughes Enterprises Ltd.**

#### 



BUSINESS HOURS			
	A.M.	P.M.	
Monday	8:00	5:00	
Tuesday	8:00	5:00	
Wednesday	8:00	5:00	
Thursday	8:00	5:00	
Friday	8:00	5:00	
Saturday	8:00	3:00	
Sunday	CLC	SED	

G&C Hughes Enterprises Ltd. 136 New Russell Road, RR #2, New Ross, Nova, Scotia B0J 2M0 Phone: (902) 689-2201

Follow us on Facebook

G & C Hughes Enterprises Ltd.



## Hudson Broome-Owner/Operator

## What We Offer

- Lawn Mowing & Maintenance
- Odd jobs & services
- Dock Building & Services
- Dump Trailer Rentals
- Property Management
- Excavation
- Gardens
- Tree Clearing
- Landscape Designs
- All Types of Clean-Ups
- And So Much More

## Call for a free quote today!

(902) 279-1333

Email: broomeslandscaping@icloud.com We are located here in New Ross, NS and will be making a difference all around the surrounding areas.

We are so exited to be working with all of you to make your property dreams happen!

> Follow Along with Us on Facebook!