

The Flyer

April 2025 Edition

PO Box 55, New Ross, NS, B0J 2M0

E-mail Ads and Notices to: nrfrflyer@gmail.com

The deadline for receiving items for the **May Flyer** is **Wednesday April 23rd at 4pm** with **delivery coming on Wednesday April 30, 2025.**

Suggested donations for flyer ads:

Payments by cheque, cash, or E-transfer to newrossflyer@gmail.com

Full page ad \$30 ½ page ad \$15 1/3-page ad \$10

Please remember to include your contact info with your ad (name and phone #)

The Flyer acknowledges the following recent donations:

Forties Community Centre Hudson Heisler-Broome Tina Connors
Charlotte Swinemar Caroline Millett

Thank you all for your continued support!

NEW ROSS FAMILY RESOURCE CENTRE

4691 Highway 12, PO Box 106, New Ross
(902) 689-2414

*Follow us on Facebook!

<https://www.facebook.com/nrfr/>

OFFICE HOURS: M-Th 9-4, Fridays by chance.

Executive Director: nrfrdirector@gmail.com

Office Administrator: nrfrcoffice@gmail.com

Family & After School Program Co-ordinator:
Janice Cornelius, nrfrjanice@gmail.com



ON SITE BLOOD COLLECTION every second THURSDAY.

You must **call Colleen Hull at 624-0406 to book your appointment!**

BLOOD COLLECTION FEE \$15 For in Centre Collection.

Upcoming Dates: April 24th May 8th & 22nd June 5th & 19th

These dates are subject to change pending weather conditions or lack of appointments.

If you have an appointment and the clinic is cancelled, you will be notified by Colleen and it will be posted on the Resource Centre Facebook page.



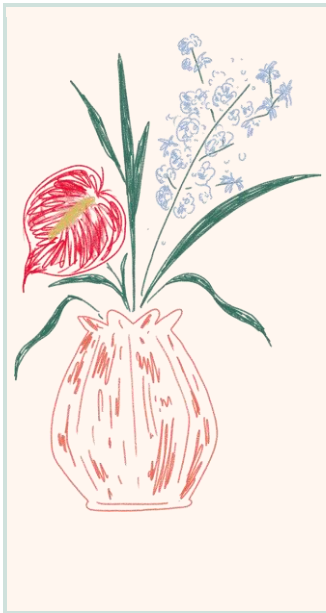
New Ross Family Resource Centre



For Parents and Families

902-689-2414

Always free, childcare available, snacks provided



Self regulation

Tuesdays 1:30 - 3:00

Starting May 6, 2025

This 6 week program used the AMPed up! Anger Management Program Guidelines for parents that puts emphasis on understanding your emotions, enhancing communication, and stress management skills. You will gain the ability to better regulate your emotions and productively manage your feelings. In-person or virtual.

nrfrcjanice@gmail.com

902-689-2414

At Home Learning Kits

Includes activities for children (ages 1-5), family activities, or an online component. These kits are prepared monthly.

nrfrcjanice@gmail.com

902-689-2414





New Ross Family Resource Centre



Play Group

Every Tuesdays 10-11:30 AM

For families with children from birth to age 5. Includes free play, art activities, reading, music, a healthy snack, and an opportunity for adults to connect

Girl Talk with Janice

Starting May 7- May 28, 2025

Discussions may include: Friends and trust, Healthy Lifestyles, Bullying, Effective Communication, Self-Esteem, Social Media and Confidence Building and Craft making.

What do I bring?

All you need to bring is the willingness to have fun!
Snacks are provided and prepared.



Yoga with Mona

When: Tuesday mornings 9:30 – 10:45

Start: April 1st for 10 weeks

Fee: \$120.00

NRFRC SEED KIT PROGRAM



The Resource Centre will once again be giving out seed kits to families and members of our community. Each kit will contain a variety of seeds to plant a small vegetable garden. There will be a total of 36 kits which will be given out in April.

Watch our facebook page to see when they are available for pick-up!

To register, please email nrfrcjanice@gmail.com or call the centre at 902-689-2414.

Community News



Healthier People - Healthier Communities

Same Day Clinic Schedule – April 2025



April Showers
Bring May Flowers



Call (902) 273-2098 starting 30 minutes before each clinic's start time.

(No Walk ins) *Schedule Is Subject to Change*

April 3rd - 9:30 am to 1:00 pm

April 10th - 9:30 am to 1:00 pm

April 17th - 9:30 am to 1:00 pm

April 24th - 9:30 am to 1:00 pm





New Ross Legion Events



Guest must be signed in by a Member. Under aged guests must be accompanied by a guardian. Membership is easy and inexpensive. Come take a look!
Open Monday, Thursday, and Friday at 4:00.

FRIDAY NIGHT LIVE STARTS AT 8:30 pm cover charge \$5.00 member \$7.00 non-member.
Bring your dancing shoes!

APR 4: 3AM

APR 11: McCARDY

APR 18: GOOD FRIDAY-LEGION CLOSED

APR 25: THE FISHERKINGS

MAY 2: KARAOKE with STORMIN NORMAN

Pool is available 3 nights a week. Drop in to play!

Bingo every second Thursday. Play begins at 6:30. We need more Bingo Players!

Chase The Ace continues in New Ross. Tickets on sale at the Legion, Home Hardware, Post Office, Gina's and Harley Bears.

Upcoming events:

Mayfly Dance May 3. Tickets on sale soon.

Legion Zone 13 Youth Sports Day June 7 hosted by NR Legion at the New Ross School.

Congratulations to Comrade Ron Langevin, in recognition of outstanding volunteerism and dedication to the betterment of his community, on receiving the King Charles III Coronation Medal. It was presented by Provincial Command President, Don McCumber, at the Zone Meeting on Feb 23.

Just a little Reminder:



The New Ross Fire Department Committee is accepting Stuff Animals or Stuff Toys. In saying this, if anyone comes across any of these items and is looking for a new home for them, we can gladly take them off your hands! We enjoy getting them because we know how they bring a smile to everyone's face, especially the little people when they visit the Firefighter's booth during the New Ross Fair! You can contact Linda Meister at (902) 689-2477 or Jan Reeves at (902) 689-2018 to make arrangements.

We would like to THANK YOU in advance for thinking of us!

New Ross Fire Department



New Ross Consolidated School Yard Sale

Mark your calendars!

April 26th we will be holding a yard sale in the gym from 9:00 a.m to 2:00 p.m.

This will be a fundraiser towards adding to our track and field and other sporting equipment. We are looking for your donations of items for us to sell.

If you have any items you would like to donate, you can contact **Fallon Rafuse (902) 521-7678** or **Charlotte Swinemar (902) 689-2630**.

Your support would be greatly appreciated

Firefighters, Mayfest Breakfast & Bake Sale



May 3, 2025

7:30 - 10:00 A.M

New Ross Firehall

Menu: eggs, bacon, sausage, toast, pancakes, juice, tea, coffee

Cost: Adults- \$10 Children (Ages 5-12) - \$5 Preschoolers - free

Anyone wishing to make a donation of baked goods or who would like to donate some time to help at the breakfast, please call Linda at 902-689-2477 or Janice at 902-689-2018.

Your support is greatly appreciated!

New Ross Regional Development Society

ANNUAL MEETING – Wednesday May 14, 2025

New Ross Legion – 7:00pm - Upstairs

This is an open meeting, and all guests are welcome to attend and find out more about what our organization does. Our current group is small but committed and effective. We value the input and involvement of new members interested in our community initiatives. Please feel free to drop by and listen!

Since the inception of the NRRDS, more than 30 years ago, we have delivered many exciting projects for the benefit of our New Ross community, including the list below of the contributions to this community:

- Creation of local Tourism group which is producing a local tourist attraction map.
- Lion's Park Community Walking Trail.
 - connecting to the New Ross Museum trails – maintenance and signage.
- 'Welcome to New Ross' signs.
 - Located at each end of community on Hwy 12.
- Construction and maintenance of the Community Bandstand at Charing Cross.
- New Ross Christmas Festival – 30 Years and Counting!
 - The very first project of the newly formed New Ross Regional Development Society.
- Purchase of a High-Quality PA Sound System.
 - Available for use by all organizations for special events.
- WWW.NEWROSS.CA website – design, development, and upkeep.
- New Ross 200th Anniversary Celebration.
 - Initiated discussions regarding events to celebrate the 200th anniversary of New Ross in 2016. Soon after talks were underway, a separate committee was formed consisting of reps from many other organizations, as well as many local interested volunteers, all contributing to the delivery of a variety of anniversary events, culminating with a major community celebration in August.

- The placement of the Legacy Mural on the wall at the Clover Farm parking lot was a lasting testament to our grand celebration.
 - As a result of the hard work of the Anniversary committee and their many helpers, the Community of New Ross was awarded the Lieutenant Governor's Award for Community Spirit that same year.
-
- Strategic Plan for the New Ross Community.
 - Identify strategy for future plans and projects.
 - Reviewed, updated, and re-issued in 2023.
 - 30' aluminum flagpole.
 - Purchased and installed at The Cross near Bandstand.
 - Community Benches.
 - Purchased four benches to be set up along village sidewalks.
 - New Ross Refugee Society.
 - Originated a special sub-committee to bring a refugee family of four to reside in New Ross.
 - New Ross Trail Society.
 - Originated a special sub-committee to work with Municipality of Chester Parks and Rec, for the creation and upkeep of community walking trails in New Ross.
 - New Ross Festive Carolers.
 - Assisted and supported Linda Hiltz in her quest to deliver hundreds of carolers to the New Ross Community – Mission Accomplished!
 - New Ross Community Ice Rink.
 - Fully supported the rink project and assisted in efforts in several ways, including support for the recent Winter event fundraiser

We are proud of our New Ross History and our accomplishments! Come join us to continue this wonderful work.



REGISTER NOW!

THE SONG CIRCLE

MUSIC PROGRAM

Open to all members of our community, ages 8-99

WEDNESDAYS
APRIL 16-JUNE 18

8+ | 10 Week Program
\$150
That's only \$15 a week!



HAVE YOU EVER WANTED TO WRITE, RECORD, AND PERFORM YOUR OWN SONGS?

SONGWRITING | SINGING | RECORDING | LIVE PERFORMANCE

By the end of the 10 weeks, you will have written, recorded & performed your own original song in front of a live audience, with a group CD to prove it!

For more info: www.jessicarussellmusic.com/the-song-circle-music-program



NEW TO NEW ROSS?

If you are new to the area, we'd love to know. The New Ross Regional Development Society has welcome bags that contain information and some other goodies, so you can get to know your community. Please email newrossregdevsociety@gmail.com with your name and civic address and someone will pop by to deliver a welcome bag. In the meantime check us out at NewRoss.ca, and on Facebook at New Ross Regional Development Society.

Forties Community Centre Events: 1787 Forties Rd, New Ross

Card Parties

Tuesdays evenings @ 7pm
Starting April 1st. \$3 / person.
For information, call 902-644-3359

Crib Tournament - Sun, April 5th

Doors open 12:00 noon.
Registration at 12:30pm and play starts at 1:00 pm.
Cost: \$20 / team. Canteen available. Wheelchair accessible (ground level). For more info call 902-689-2147

April Supper - Sun, April 13

4-6pm Baked beans, Scalloped Potatoes + Ham, Pie / Cheesecake Dessert, tea & coffee.
Adults: \$17, Under 12: \$7.50, Under 5: \$3.50 Eat in or Take-Out.
Fully accessible facility. For more info call 902-689-2147.

VENDORS WANTED:

Flea Market & Yard Sale Sat, May 3rd 9am - 3pm
Tailgate vendors or tables = \$10 Reserve your spot: Ervin 902-689-2782 or Marsha 902-689-2612
Donations are now being accepted for the May yard sale and flea market at the Forties Community Centre. Drop-off at the centre Tuesday evenings at 7pm or call Marsha at 689-2612 to arrange an alternate time.

Forties Community Centre Suppers



2025



fortiescc@gmail.com

<i>April 13:</i> Baked beans, potatoes scallop & ham	4:00-6:00pm
<i>May 11:</i> Mother's Day Chicken	4:00-6:00pm
<i>June 15:</i> Father's Day Roast Beef	4:00-6:00pm
<i>July 13:</i> Supper Meatloaf	4:00-6:00pm
<i>August 10:</i> Blueberry Supper ham & hodge podge	4:00-6:00pm
<i>September 14:</i> Roast Pork Supper	4:00-6:00pm
<i>October 13:</i> Thanksgiving day Turkey Dinner/supper	3:00-4:30pm
<i>October 26:</i> Roast Beef Supper	4:00-6:00pm
<i>December 6th & 7th:</i> Christmas Festival to be announced	
<i>December 14:</i> Breakfast with Santa	8:00-11:00am

Call 902-689-2612 or 902-689-2000



Fairgrounds 50/50 Fundraiser



Buy tickets online at
www.rafflebox.ca/raffle/newrossfarmers



Ticket Prices
1 for \$5
3 for \$10
10 for \$25
50 for \$50

Licence # AGD-351625-25

Spring Fling Pulls + Market Family Fun Day

Saturday May 10

Starting at 10am, all day event!

This n' That Market (10am)
Horse and Ox Pulls (12pm)
Tug of War (12pm)
Canteens (12pm)
Live Rafflebox 50/50 Draw (3pm)



Outdoor Flea Market

9AM-12PM

May 3 * June 7 * July 12 * Aug 2

FREE to setup!

Email us to register
thisnthatcountrymarket@gmail.com

Flea Market Donation Drive

Looking for gently used items to sell
at the Fairgrounds flea market
fundraising table

**Household Items * Clothes * CDs *
Movies * Books * Toys * Puzzles *
Dishes * Knickknacks * Electronics**

Call us to arrange pick up or drop off
(902) 912-0588

Follow us on Facebook facebook.com/newrosscommunityfairgrounds
Email: newrossfarmersassociation@gmail.com - 5032 Hwy #12, New Ross

Update from Tina Connors Councillor – New Ross (District 6)



National Volunteer Week is a time to recognize and celebrate our volunteers. This year's celebration takes place April 27 to May 3, 2025. The theme for 2025 - Volunteers Make Waves - highlights the power and impact of our collective volunteer efforts. Volunteers get involved in various ways, bringing individual perspectives and abilities, adding to our collective resilience. Volunteers care deeply and work tirelessly. MUCH appreciation to all volunteers. Thanks for all you do!

Fire & Emergency Service: In the Municipality fire and emergency services are provided through the seven fire departments, including: New Ross; Blandford; Chester; Chester Basin; Hubbards; Martin's River; and Western Shore. Emergency dispatches are logged on a monthly basis, and data is categorized by department and call type. For interest I thought I would include some stats. In 2024:

	New Ross	Total/ All Depts
Medical	62	620
Structural	1	9
Motor Vehicle Accident	17	116
Mutual Aid	8	167
Hazmat	0	2
Rescue	1	6
False Alarm	7	58
Other(e.g.flooded,basements;police assist/investigations)	9	67
Non-structural (e.g. vehicle; chimney, brush/ woods fires; downed power lines)	8	47
TOTAL	113	1,092

Aaldersville Spelling Correction: The Municipality was recently notified by the Province that the community name spelling has been corrected. (Aldersville to Aaldersville.) To re-cap: the request was brought to Municipal Council in November 2019; a petition was sent to all property owners in January 2020; petition returned with 89.5% In Favour to move forward; official request sent to the Province February (2020); and, correction approved February 2025.

As our own The History of New Ross tells us, "the first settler of Aaldersville was Peter Aalders, a veteran soldier who fought at the battle of Waterloo".

On a final note, if you are ever in need of an extra copy of the municipal **Waste Collection Calendar**, don't hesitate to get in touch with me, maybe for yourself, for a new neighbour, for a cottager! I think it's a great resource and full of lots of useful information & extra fun tips!

See you soon,

Tina C.

Business Section

Danielle Barkhouse

MLA Chester-St. Margaret's

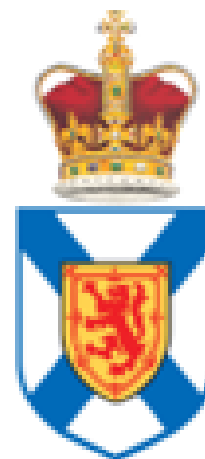
Office Location:
#3, 4080 Highway 3
Chester NS, B0J 1J0

Hours:
Mon-Fri 10am – 4pm
Wheelchair accessible

Office Phone: 902-275-2501

Email: BarkhouseMLA@gmail.com

Facebook: @BarkhoueMLA



Julia Sanders RMT

* Registered Massage Therapist
* Craniosacral Therapist

Afternoon and evening
appointments
available.

Phone: (902) 689-2849
E-mail: juliasandersrmt@hotmail.com

4905 Highway 12, New Ross

ULTIMATE INCOME TAXINC. (OWNERS GARY & JENNIE GRAVES)

**ARE YOU MAXIMIZING YOUR PERSONAL TAX BENEFITS?
HAVE YOUR PERSONAL TAX RETURN PREPARED BY A PROFESSIONAL
WITH OVER 40 YEARS OF EXPERIENCE**

Contact Jennie at jenesta54@gmail.com or call 902-877-4222,
20 Barkies Way, New Ross, NS, B0J 2M0

Community Volunteer Income Tax Program (CVITP)

Mona's availability in April for preparing tax returns is as follows:

Monday April 14th - 11:00 - 2:00
Wednesday April 16th - 11:00 - 2:00
Monday April 21st - 11:00-2:00
Tuesday April 22nd - 11:00 - 2:00

If you are interested in any of these dates / times, please give Mona a call @ 902-221-4477.

Mona will be unavailable via phone from March 28th until April 8th.

Feeling stressed or anxious?

LEARN TAPPING

Tapping Relieves
Stress. A Simple Skill
That Lasts a Lifetime.

SUNDAY, APRIL 20

1:00 - 2:30 PM

45 FORTIES RD, NEW ROSS

What You Will Learn

Join Carol Millett, a Tapping practitioner with 10 years of experience, to learn the basics of Tapping, a simple yet effective technique to help you relieve stress or an unwanted emotion. We focus on the source of the stress or emotion and then we "tap to release" the stress or unwanted emotion. (You don't need to say it aloud.)

To register, call Carol
by April 18.

902-209-3638

By Donation.





BROOME'S
LANDSCAPING & PROPERTY MANAGEMENT

Hudson Broome-Owner/Operator

What We Offer

- Lawn Mowing & Maintenance
- Odd jobs & services
- Dock Building & Services
- Dump Trailer Rentals
- Property Management
- Excavation
- Gardens
- Tree Clearing
- Landscape Designs
- All Types of Clean-Ups
- And So Much More

We are located here in New Ross, NS and will be making a difference all around the surrounding areas.

We are so excited to be working with all of you to make your property dreams happen!

**Follow Along with Us
on Facebook!**

Call for a free quote today!

(902) 279-1333

Email:

broomeslandscaping@icloud.com



Spring: a
lovely
reminder
how
beautiful
CHANGE
can truly
be.