

The Flyer

March 2023 Edition

PO Box 55, New Ross, NS, B0J 2M0

E-mail Ads and Notices to: nrfrclaura@gmail.com

The deadline for receiving items for the **April Flyer** is **Wednesday, March 22nd at 4 pm** with delivery coming on Wednesday March 29th, 2023.

Suggested donations for flyer ads:

Payments by cheque, cash, or E-transfer to newrossflyer@gmail.com

Full page ad \$30 ½ page ad \$15 1/3-page ad \$10

Please remember to include your contact info with your ad (name and phone #)

The Flyer acknowledges the following recent donations:

New Ross Credit Union

Our Health Centre Association

Hamlin Family

Danielle Barkhouse MLA

Chester Playhouse Theatre

All Nova Electrical

Thank you all for your continued support!

~ A special thank you to Sarah Turner for her help with this month's Community Spotlight ~

Note: I will be taking a temporary leave of absence from my position at the Resource Centre to complete a surrogacy journey and therefore someone else will be covering the Flyer while I am off. I look forward to working with all of you again soon! ~ Laura

Agriculture Day
Saturday, March 25th, 2023
8:30 a.m. - 4:30 p.m.
Best Western, Bridgewater

Chance to WIN!
4.6kW Generator

Queens Coast
SEEK NATURE'S REWARDS

District of Lunenburg
BEAUTY INSPIRES. RIGHT HERE

THE MUNICIPALITY OF CHESTER

Invest NOVA SCOTIA

NOVA SCOTIA
Department of Agriculture

Register online at: www.growsouthwestnovascotia.ca

NEW ROSS FAMILY RESOURCE CENTRE

4691 Highway 12, PO Box 106, New Ross
(902) 689-2414

*Follow us on Facebook!

<https://www.facebook.com/nrfrc/>

OFFICE HOURS: M-Th 8-4, Fridays by chance or appointment.

Masks are optional, hand sanitizer is recommended and if you are unwell, stay home.

Executive Director: Karen Jodrey,
nrfrc karen@gmail.com

If you have any ideas for family programs or services please contact Karen

Office Administrator: Laura Broome, nrfrc laura@gmail.com

Family & After School Program Co-ordinator: Janice Cornelius, nrfrc janice@gmail.com



The next New Ross Family Resource Centre Board meeting will be held Monday, March 27th at 7pm at the Resource Centre. Everyone is welcome to attend!

The Annual General Meeting (AGM) will be held Monday May 29th at 6:30pm at the Resource Centre. This is an open meeting and the public is welcome to attend.

ON SITE BLOOD COLLECTION every second THURSDAY.

You must call Colleen Hull at **624-0406** to book your appointment!

BLOOD COLLECTION FEE \$15 For in Centre Collection.

Some of you may have heard that Coleen is retiring and she in fact is, in April 2023 from her work at the hospital but will continue to provide the blood collection at the Resource Centre. We are very blessed to have Coleen provide such an important service for our community. We wish her a wonderful retirement!

Upcoming Dates: March 2nd & 30th April 13th & 27th May 11th & 25th



Income Tax Program

April 11th 1-4pm

New Ross Family Resource Centre

Free

Appointments only

Please call Sandy Dumaresq at 902-275-3421 to book your appointment.

Limited to those with modest incomes and basic tax returns.

Wheelchair accessible.

We will be closed for March Break (Monday, March 13th - Friday, March 17th).

OUR PROGRAMMING:

Playgroup with Janice: Free, every Monday 10am - 11:30am when there is school. For families with children, birth to age 5. Includes free play, art activities, reading, music, a healthy snack and an opportunity for the adults to connect.

At Home Learning Kits: A learning/play kit which includes activities for children (ages 1-5 years old), family activities (such as cooking), or an online component (such as a read-aloud book). These are prepared monthly when funding is available and pre-registration is required.

Walking Club with Karen: Free, every Tuesday at 10am. Meet in the parking lot and walk around Lion's Gate & Ross Farm Trails. Childcare can be requested. At the new platform, we will have a break and a quick reflection. Note some date changes for March: No Walking Club on Tuesday, March 14th, 2023

EmPower! Ladies Support Group: Come join us on Wednesday, March 8th and Wednesday, February 22nd, from 10am - 12pm. Come join us for a hot beverage, make connections to others in the community, have access to resources, and gain friendship.

Community Cupboard: Free for all to use. We welcome folks any time during our business hours (Monday - Thursday, 8am - 4pm). Come take what you need or leave what you can.


REGISTRATION is now OPEN for Seed Kits & Family Food Box Program!

Seed Kits: We will have limited seed kits available to those who register. They will include a mix of seeds (Beets, Carrots, Green Beans, Kale, Lettuce, Peas, Pumpkin, and Yellow Beans) and a \$10 gift certificate to T&D Nursery for any of your gardening needs.

Family Food Box Program: This year we will have 24 available spaces for families* (*must have children living in your household under the age of 19). This program will be free for these families, each month (April through November, you will receive local, fresh produce at no cost to participants). We will have a waitlist for folks who do not have children at home, if we do not fill our spots with families, we will call you.

Some Programs & Services that can be offered when they are needed: **Pre/Post Natal** (individual or small group sessions to learn about pregnancy, childbirth, meet other new parents), **Rainbows** (emotional healing among children, grieving from loss or life-altering crisis), and **Nobody's Perfect Parenting Program** (open to all parents/caregivers of children age birth to 5 years, helps parents/caregivers recognize

their own strengths and to find positive ways to raise healthy, happy children, building on what they already know and do for themselves and their children). **AMP-ed Up!** (adult group program that places an emphasis on understanding emotions, enhancing communication and stress management skills. You will gain the ability to regulate your emotions better and manage your feelings in a productive way).



Do have a family plan in place in case you lose power for 72 hours, need to evacuate your home due to an emergency, or have items prepared for such events?

Are you prepared?

EMERGENCY PREPAREDNESS FOR FAMILIES

SESSION ONE:
Join us for a presentation with our local EMO. She will run through what you need to know and have prepared in case of an emergency.

SESSION TWO:
Build your own Emergency Kit to take home with you.

SESSION THREE (OPTIONAL):
Set up a time to come get your documents photocopied and laminated.

APRIL 2023
DATES AND TIME: TBA
TWO PART WITH OPTIONAL THIRD SESSION

902-689-2414 to register

Did you know...
You can access FREE online courses through LinkedIn Learning and the Halifax Public Library?
It's easy to sign up and there are hundreds of courses you can take for any and all interest levels. Great for updating skills on a resume or just to learn something new. Winter can be a tough time to get out and try new things but now you can learn new skills right from the comfort of your own home
First sign up for a free library card at :
www.halifaxpubliclibraries.ca/membership/card/
Then log into:
www.linkedin.com/learning-login/go/halifaxca and Enjoy!

OTHER SERVICES/PROGRAMS OFFERED HERE:

Parenting Journey Program: Parenting Journey is a FREE, voluntary program that helps to strengthen relationships between children, parents/caregivers, family members and their community. Parents/Caregivers are welcome to refer, or any service provider can assist with a referral. For more information, please contact the Better Together Family Resource Centre's Parenting Journey Coordinator, Emma Reeves at 902-543-3119.

Yoga with Mona: Wednesday's starting March 22nd 6:30pm - 7:45pm. 10 week session for adults = \$120.00. Call to register.

New Ross After School Program: Monday - Friday, 2:25 - 6:00pm, throughout the school year. Contact Janice at 902-277-1823 or nrfrcjanice@gmail.com for more information and availability.

EMPLOYMENT OPPORTUNITY: NEW ROSS FAMILY RESOURCE CENTRE

Job Title: Office Administrator
Salary: \$17/hour
Reports to: Executive Director

Hours: 30 hours/week
Start date: ASAP
Employment Status: Term - 15 weeks

Main Responsibilities: Working as part of a collaborative team you will be responsible for providing administrative duties at the Resource Centre such as answering the phone, responding to emails, assisting members of the community and staff with printing/ scanning/faxing services, greeting visitors and answering their questions, assisting with social media page and advertising as needed, maintaining an organized office space, maintaining simple bookkeeping essentials, managing confidential documentation and other paperwork in our filing system, coordinating service providers schedules, ordering monthly office and site supplies, coordinating/printing/planning monthly community newspaper, register participants for programs & workshops, and other duties as needed.

Required Qualifications:

- ❖ Child Abuse Registry
- ❖ Criminal Record Check
- ❖ Postsecondary diploma or certificate in an office administration program and or 3 years working experience.
- ❖ First Aid Certification

Required Knowledge, Skills, Abilities and Personal Attributes:

- ❖ Ability to work collaboratively as part of a team with the goal of promoting overall family well-being.
- ❖ Follow and implement the guidelines for the Centre as identified in the NRFRC Policy & Procedure Manual
- ❖ Promote and maintain the integrity and philosophy of the Centre within the community.
- ❖ Ability to establish and maintain positive relationships with staff, families, community, and partners.
- ❖ Excellent interpersonal and communication skills (oral & written)
- ❖ Maintain confidentiality of staff, participants, Centre, and Board information
- ❖ Ability to take initiative and work productively.
- ❖ Strong work ethic, reliability, and punctuality
- ❖ Excellent understanding of Microsoft 365 programs (Word, Excel) and Adobe
- ❖ Detail focused, approachable, with a strong sense of responsibility.
- ❖ Grant writing experience or education is a bonus

Outline of Other Responsibilities:

- ❖ Blood Collection Services (sign in clients, take money, write receipt, etc.)
- ❖ The Flyer publication (create file to print, maintain accounts/receipts for participants, etc.)
- ❖ Tracking petty cash, maintaining receipts book, picking up the mail weekly

HOW TO APPLY:

Contact: Executive Director, Karen Snair

Email cover letter and resume to nfrckaren@gmail.com

We thank all applicants; however, we will only be contacting those we wish to interview.

Consideration and interviews will be conducted as resumes are received.

EMPLOYMENT OPPORTUNITY: NEW ROSS FAMILY RESOURCE CENTRE

Job Title: Family & Food Program Coordinator

Salary: Based on experience

Report to: Executive Director

Hours: 35/week, some evenings/weekends

Start Date: ASAP

Employment Status: Permanent

Main Responsibilities: Working as part of a collaborative team, including the Executive Director and a Board of Directors, the Family & Food Program Coordinator would be responsible for helping plan, implement and oversee preventative and interventive programming related to children, youth, families & parent education, summer programming, and food & nutrition related programming throughout the year.

Required Qualifications:

- ❖ Education (ECE, other applicable fields working with families, communities and food & nutrition considered an asset)
- ❖ 3-5 years experience in related fields
- ❖ First Aid Certification
- ❖ Child Abuse Registry Check
- ❖ Vulnerable Sector Check
- ❖ Gardening & Cooking Knowledge
- ❖ Food Handlers Course
- ❖ Canada's Food Guide Knowledge

Required Skills, Abilities & Personal Attributes:

- ❖ Ability to work collaboratively as part of a team with the goal of promoting overall family well-being
- ❖ Ability to establish and maintain positive relationships with staff, families, community, and partners
- ❖ Strong facilitation skills, with the ability to help develop and implement Centre based programs
- ❖ Ability to work independently, following the guidelines of the Department of Community Services service agreement with minimal supervision and take initiative
- ❖ Understanding of childhood development
- ❖ Excellent interpersonal and communication skills (orally and written), organization skills and detail oriented.
- ❖ Knowledge of technology (Microsoft Office, printers, fax machine, etc.).
- ❖ Grant writing skills would be an asset.

HOW TO APPLY:

Contact: Executive Director, Karen Snair

Email Cover Letter and Resume to nrfrckaren@gmail.com

We thank all applications; we will only be contacting those we wish to interview.

Consideration and interviews will be conducted as resumes are received.

EMPLOYMENT OPPORTUNITY: NEW ROSS FAMILY RESOURCE CENTRE

Job Title: Summer Program Coordinator

Salary: \$15.00/hr

Reports to: Executive Director

Hours: 30hrs, one weekend

Start Date: June 19, 10 weeks

Employment Status: Term

Main Responsibilities: Working as part of a collaborative team you will be responsible for planning, preparing, and implementing program activities to children, youth and their caregivers. In addition to the facilitation and supervision of children and activities, duties will also include taking attendance, snack preparation, end of the day clean up. Programming will support children's development, health and well-being and provide a wide variety of opportunities tailored to each family's needs and interests.

Required Qualifications:

- ❖ Experience and/or education working with children and youth
- ❖ Child Abuse Registry
- ❖ Criminal Record Check
- ❖ First Aid Certification (or willingness to obtain)
- ❖ Must be returning or starting Community College, University, or other post secondary studies.

Required Knowledge, Skills, Abilities and Personal Attributes:

- ❖ Ability to work collaboratively as part of a team with the goal of providing a healthy, positive environment for children, youth & their families
- ❖ Establish and maintain positive relationships with staff, families, community, and partners
- ❖ Genuinely enjoy working and engaging with children and youth
- ❖ Follow the guidelines for the Centre as identified in the NRFRC Policy & Procedure Manual
- ❖ Demonstrate excellent interpersonal and communication skills (written and oral)
- ❖ Ability to take the initiative and work productively
- ❖ Maintain confidentiality of staff and participants
- ❖ Strong work ethic, reliability and punctuality is a must
- ❖ Other duties as assigned by the Executive Director or Board Members

HOW TO APPLY:

Contact: Karen Snair, Executive Director

Email Cover Letter and Resume to nrfrckaren@gmail.com

We thank all applications; we will only be contacting those we wish to interview.

Consideration and interviews will be conducted as resumes are received.

With Thanks



THANK YOU-In Memory of Peggy Hamlin-much loved and missed mother, mother-in-law & "Mama". Thank you to everyone who helped make Mama's visitation and funeral such a beautiful and special tribute. Rev. Judi Mitchell Phillips and Lay Ministers Elsie Hiltz, Rustin Broome and Mary Williams-you all knew, loved and ministered with Peggy for many years and your words were so meaningful, touching and personal because of that.

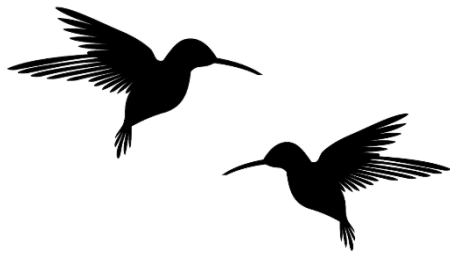


Thank you as well to Christine Bland and Jasmine Broome for the beautiful music and Amy for reading "I'll Love You Forever" by Robert Munch. This was a book Mama liked to read to her grandchildren.

Christ Church Guild did a wonderful job with providing refreshments during Mama's visitation and after the funeral. Once again, we knew we were in good hands.

We very much appreciated the many beautiful cards and thoughtful on-line comments.

Thank you for the many charitable donations so generously made in memory of Peggy. Your expressions of sympathy were all very much appreciated and meant so much!



Praise God, from whom all blessings flow;
Praise Him, all creatures here below;
Praise Him above, ye heav'nly host;
Praise Father, Son, and Holy Ghost!

Love, Peggy's family



~~~~~  
Scott & I (Kathy) want to send a very heart felt thank you to Rolena Brown, a dear friend of Peggy's, who so thoughtfully finished a QUILT that Mama had started for Scott. What a touching gesture not only for us, but a promise fulfilled to her dear friend Peggy. Thank you so much Rolena! We will treasure this!

Love, Scott, Kathy & family



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# Community Spotlight

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This month I would like to highlight someone who is near and dear to many in this Community. Mary Ann Turner who has taught many of us over her several years of teaching at New Ross Consolidated School. Mrs. Turner certainly touched many lives with her kind and sincere approach to teaching. For many of us she has become a second mother, an “adopted” grandmother, and a dear friend.



## Teaching

Mary Ann Reeves graduated from Nova Scotia Teacher’s College in 1969 and started teaching that year in Avonport while living with her aunt, uncle, and their family.



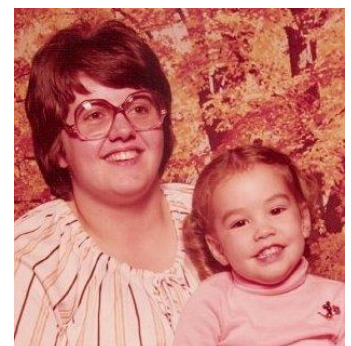
In 1970 she married Frank Turner and started teaching in New Ross at this time. Mary Ann took time off to have kids and returned to teaching after her son was born in 1980. Initially she split her time between Western Shore and New Ross and eventually taught full time in New Ross.

She mostly taught elementary grades however did teach some high school classes for a while as well and after retiring she substituted for a while and taught GED math classes for one session.

Mary Ann has always been a gifted teacher and believed every child had the potential to be great. She focused on meeting each child where they were at with a goal to get them to grade level or beyond when they left her classroom. It wasn’t unheard of for her to have multiple individual lesson plans ongoing in her classroom at once.

It is common for her family to meet up with former students who always ask about her and then tell stories about what she did for them. One former student claims that they never would have been able to read without her and have the job they do now.

There is another that wasn’t at New Ross school long and fondly remembers the extra things she did for them and their sibling. Teaching them how to do laundry and their personal care.



She had a huge heart and often used her personal funds to purchase books and other items for her classroom. It wasn't unheard of, when she taught, for her to stay up past midnight doing lesson plans and marking tests. She rarely left the school before 5 or 6 pm and always still brought work home with her. She would take calls from parents in the evenings and on weekends to discuss their children and some calls would last over an hour.



Mary Ann dedicated her life to teaching and the betterment of children. She was an advocate and champion for children and their well-being while she taught and still is.

### **Youth Group**

Mary Ann, along with her best friend, Wanda Broome, started the New Ross Youth Group that ran many years out of the New Ross Legion. The group was held one evening a week and attracted kids from both the New Ross and New Germany areas. There was always a dance upstairs using a big ghetto blaster and tapes teens brought with them - she still has the big ghetto blaster in a closet in her house. Downstairs there would be card games, darts, pool, shuffleboard and pinball machines and a spot to sit, talk and watch tv.

Many times at this event you would see her or Wanda sitting at a table talking teens through problems they might be dealing with or just having a friendly chat or a laugh. Anything said to both women in confidence remained that way.

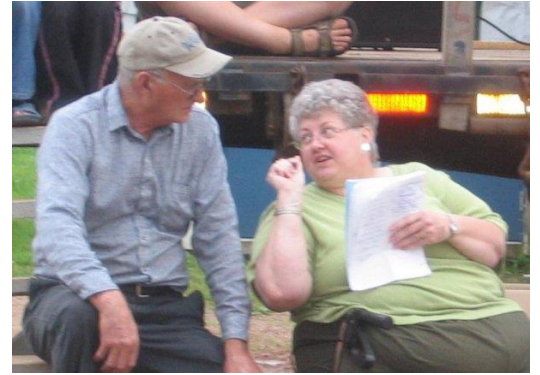


### **Garden Party**

For many years Mary Ann organized the Forties Garden Party which was held the weekend closest to Canada Day. This event raised money for the Anglican and Baptist churches in The Forties. This event was a major fundraiser for both churches and was run with dedicated volunteers from both. In the weeks leading up to the event the living room in her home looked like a warehouse of prizes and supplies. This planning also coincided with the end of the school year and report cards which meant Mary Ann's family walked on eggshells and spent a lot of time outside (information directly received from her daughter).

Frog jumping contests, crosscut saw and moose calling competitions were the main attraction along with games of chance and a community supper and in most years a dance and later years fireworks.

It was a wonderful community event that drew in people even from outside of the community. She recruited her mother to arrange the food for the supper. Shirley never asked what someone 'could do' though. Rather, she called and told a person what she 'needed them to do' and had notebooks she kept for years to refer to letting her know what they had done in the past. Only Shirley with the personality she had would get away with using that approach.



### **Forties Garden Club**

Mary Ann was a member of the Forties Garden Club for a time with her mother and mother-in-law. She often hosted meetings at her house where Frank and the kids were banished to the upstairs to read books and watch TV. Mary Ann had lovely gardens, some started by her mother-in-law Lena Turner, until one day Frank sprayed them with Round-Up and told her whatever survived was worth keeping. She still laments about all the plants she lost however does get a chuckle over his rationale. For information purposes, hosta plants survive.

### **4-H**

Mary Ann and Frank were very active 4-H parents and supported the Handy Hands 4-H Club in every way they could while their kids were members. Mary Ann was a 4-H leader for many years and volunteered at the County and Provincial levels as well at a variety of events. Mary Ann could be found most summers at the South Shore Exhibition for a week in a camper with both kids so they could tend to their animals and compete in open classes. She was a trooper and helped wherever she could that week with the County Canteen and helping with other members that were there to show in open show as well.



### **Church**

Mary Ann has been a lifelong member of the Forties United Baptist church. She served as a deacon of the church, was secretary for the New Ross Baptist pastorate and even now not being able to get out to go to church weekly puts together and types up the weekly bulletin with input from Pastor Rick and other members of the church. She is currently the treasurer of the Forties Baptist Church a role she took over upon her mother's passing.

### **Forties Community Centre**

Mary Ann was also on the Board of Directors for the Forties Community Centre before and after the new hall was built. She organized the breakfast with Santa for many years and the Christmas craft fair. She also volunteered working the door while on the Board and even after.



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# Community News

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## New Ross Community Rink Update

It was just last spring when the New Ross Rink Committee dreamed of a larger rink with rounded corners that could also be easily assembled and would be made of durable material. We wanted an attractive rink that would get well used. Thanks to the amazing financial support from our community and beyond, as well as a provincial grant, our wish came true!

Despite the unusually warm weather that seemed to follow every freezing spell, the rink has seen very high usage, often right up to 10 PM on the colder nights. Thanks to volunteered hours, shade curtains were installed and a special ramp was built for a planned sledge event. Volunteers also monitored and maintained

the ice and provided updated bulletins advising the community whether it was open or closed.

We plan to make use of whatever cold weather we get for the rest of this winter. We are noting ways we can improve things even more for next year as well as compiling the list of donor names to put on a plaque. We will give more exciting updates in the near future. Thanks for all of the positive feedback. We know the community is very appreciative of what we have and so very proud!

New Ross Rink Committee



## NEW ROSS WRIST ROLLERS

Why not come out on **March 12 from 1-3** at the New Ross Resource Centre and learn about arm wrestling and what the club has been up to.



# Walk-in "With Appointment" Clinic Schedule for MARCH 2023 902-273-2098

**\*\*Schedule Is Subject to Change\*\***

| Sunday       | Monday                       | Tuesday                        | Wednesday                    | Thursday                    | Friday       | Saturday                     |
|--------------|------------------------------|--------------------------------|------------------------------|-----------------------------|--------------|------------------------------|
|              |                              |                                | 1<br>10:00 am to<br>2:00 pm  | 2<br>9:30 am to<br>2:30 pm  | 3<br>CLOSED  | 4<br>10:00 am<br>to 2:00 pm  |
| 5<br>CLOSED  | 6<br>10:00 am to<br>2:00 pm  | 7<br>10am - 2pm<br>5pm - 9pm   | 8<br>CLOSED                  | 9<br>9:30 am to<br>2:30 pm  | 10<br>CLOSED | 11<br>10:00 am<br>to 2:00 pm |
| 12<br>CLOSED | 13<br>CLOSED                 | 14<br>5:00 pm to<br>9:00 pm    | 15<br>CLOSED                 | 16<br>9:30 am to<br>2:30 pm | 17<br>CLOSED | 18<br>9:00 am to<br>1:00 pm  |
| 19<br>CLOSED | 20<br>10:00 am to<br>2:00 pm | 21<br>10am - 2pm<br>5pm - 9 pm | 22<br>10:00 am to<br>2:00 pm | 23<br>9:30 am to<br>2:30 pm | 24<br>CLOSED | 25<br>10:00 am<br>to 2:00 pm |
| 26<br>CLOSED | 27<br>10:00 am to<br>2:00 pm | 28<br>10am - 2pm<br>5pm - 9pm  | 29<br>10:00 am to<br>2:00 pm | 30<br>9:30 am to<br>2:30 pm | 31<br>CLOSED |                              |

**Call 1-902-273-2098 starting 30 MINUTES before each shift to make a same day appointment pre-booking is no longer available. You must have an appointment to come to the 2<sup>nd</sup> floor walk-in clinic.**  
*You must wear a mask - please bring one with you.*

Admin office 902-275-3847     [lburch@ourhealthcentre.ca](mailto:lburch@ourhealthcentre.ca)     Walk-in clinic 902-273-2098  
Address: 3769 Hwy #3 PO Box 74 Chester NS B0J 1J0

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## New Ross Historical Society

The New Ross Historical Society has quarters at The Learning Centre, Ross Farm Museum. Microfilms, genealogies, historical publications, Maps and folders containing historical information pertaining to New Ross and beyond are housed there. The Historical Society meets monthly at 7pm on the 4<sup>th</sup> Wednesday of every month at the Ross Farm Museum. **Everyone is Welcome!!**

Here's how you can contact this great organization:  
PO Box 35  
New Ross, NS Canada B0J 2M0



THIRD SCHOOL AT  
CHARING CROSS  
1990.5



As Chair of the New Ross Regional Development Society I would like to give a “Shout out” to all the members that work very hard, behind the scenes, to make things happen, for the Festival and beyond.

These individuals take on roles that make the organization able to provide, not only our Christmas Festival, but also help make New Ross a truly special community.

An organization can not function properly without this kind of commitment and dedication. Margeson Reeves and his family for his work in acquiring our yearly tree, putting up our community wreaths and festival numbers.

Adam Broome for his work coming up with our logo and his work on the silent auction.

Judy O’Leary for her work on our NewRoss.ca email and for taking over the reins of our Christmas Festival responsibilities.

Angela Reeves for looking after the delicious treats at our silent auction and her help in organizing the event.

Lindsay Lenihan for looking after our social and for giving us a “fresh look”.

Phil Edwards for looking after the school craft sale.

Jeanette Reeves for being our secretary for the last 10 years. Jeanette is stepping down this year to devote more time to family. Thank you for everything you have done for us, now and in the past.

Rob Petrin for his work assisting Angela on the silent auction and for his work on power washing of the gazebo.

To mention these names does not take away the dedication and commitment from other members of the society. We all have a contribution to make that helps us function as a unit. We are though all growing older and need new members to join.

New Ross is experiencing an influx of new members to our community. It is wonderful to see new faces, and to hear new ideas. Come and join us and **together** we will help New Ross move into tomorrow.

~ Scott Hamlin – Chair of New Ross Regional Development Society



## ~ A WINDOW INTO THE PAST ~

**Ross Farm Museum is opened  
Winter Hours Jan 4<sup>th</sup> to April 30<sup>th</sup>  
Wednesday to Sunday from 9:30AM - 4:30PM  
Closed Mondays and Tuesdays**

**Admission:** Adult \$10 Senior (65+) \$8 Students (with Student Card) \$8 Child (6-17 years) \$4  
5 & Under Free Family (max 2 adults) \$25



### MARCH BREAK EVENT March 11th, 2023 Special Presentation

Join **John Brazner, Ph.D.**, a Wetland Ecosystem Biologist, of Nova Scotia Natural Resources and Renewables from the Wildlife Division in Kentville as he presents at **11:00AM** on **Saturday, March 11** in the Learning Centre. The title of this presentation is:

#### Winter Birding and Feeding: How To Beat The Winter Blues And Find Lots of Birds Without Freezing Too Many Body Parts

The presentation will last approximately 1.5 hrs. There will be a slide show, discussion, and question period. This is included as part of your admission price!



### MARCH BREAK EVENT March 15th, 2023 Special Presentation

Join **Rielle Hoeg**, an Aerial Insectivore Outreach and Data Specialist of Birds Canada from **10:30AM – 11:00AM**, and **2:00PM – 2:30PM** for a 30-minute talk (time for questions included). You will talk about Chimney Swifts, and various Swallow species, and discuss ways for people to identify and help these birds on their own properties, as well as citizen science programs. This is intended for ages 16+, but anyone is welcome to attend.

And for the kids, from **11:15AM – 11:45AM** and **2:45PM – 3:15PM**, children can join a 15-minute talk about Chimney Swifts and Swallows; about what these birds look like, where they live, and why they're so special, followed by crafts and/or activity sheets! (Total of ~30 minutes.)

Sign up for **bird walks** at **1:00PM**, and again at **3:30PM**. (Bring binoculars!)



### MARCH BREAK March 11th, 12th & 15th – 19th Buildings are open from 9:30am to 4:30pm

**The Schoolhouse** – One room school, originally located in Harriston.

**Ross Barn** – Farm implements exhibits on upper levels. Farm animals are located on the ground level.

**Workshop** – Talk with the wood worker, and get a sample of homemade ice cream.

**Rose Bank Cottage** – Original home of William and Mary Ross. Learn the history of the Ross family. Decorate a cookie.

**The Edward Ross Store** – Represents the period of 1835-45, a time when Edward Ross ran the store on the family farm (reconstructed on the original site).

**Stave and Shingle Mill** – Self guided tour.

**Larder Barn** – Closed for the season. We hope you will visit again during our summer season, when you can view the various displays, including a Peddlers Wagon.

**Blacksmith Shop** – See our blacksmith working at the forge.

**Cooper Shop** – Closed for the season. We hope you will visit again during our summer season, when you can talk with the cooper, and watch him make a barrel.

**Wagon Rides** – Starting at the Ross Barn, from **10:00am to 12:00pm**, and then from **1:30pm to 4:30pm**.

**Bird Watch** – Locate and identify felted birds and what they are perched on. Enter your name to win a feathered friend from our giftshop. Ballots are located in the gift shop.

## Wonders of Maple Syrup

MAR 25 AT 9:30 AM – MAR 26 AT 4:30 PM



We don't tap a lot of trees at Ross Farm Museum,

but we still have fun with maple syrup! Sample maple syrup and pancakes in the hearth room in the learning centre, learn about the process of tapping trees, collecting sap, and boiling sap down over an outdoor fire. The farm workshop, Rosebank Cottage, and Ross Barn are also opened



# Forties Community Centre

~ Where Old Friends Meet! ~



**1787 Forties Road**

**Phone:**

902-689-2000 Centre

Or 902-689-2612

Or 902-689-2147

**Email:** fortiescc@gmail.com

**Rental Info & Bookings:**

Ervin Broome 902-689-2782

**Follow us on Facebook!**

## Crib Tournament March 5<sup>th</sup>, 2023

Doors open 12 noon Registration starts 12:30

Play starts 1pm \$ 20.00 / team

For more information call 689-2147

Canteen, wheelchair accessible (ground level)

Tournaments are the 1<sup>st</sup> Sunday of each month



Every Tuesday @ 7pm \$3/person. Lunch provided.

50:50 draw. For information, call 902-644-3359

## Forties Community Centre Annual General Meeting

Monday March 20<sup>th</sup> at 7:30pm

In the Meeting room upstairs

Everyone Welcome



## Spring Yard Sale

The Forties Community Centre is now accepting donations for a spring yard sale.

Date to be announced soon.

No Fridges or TVs

Drop off by pre-arrangement only.

To set a time to drop off donations call:

902-689-2000



# FORTIES COMMUNITY CENTRE

## UPCOMING SUPPERS

### 2023

APRIL

16

Baked Beans, Scalloped Potatoes and Ham  
4-6pm

MAY

14

Mother's Day Supper  
Chicken Breast Supper  
4-6pm

JUNE

18

Father's Day  
Roast Beef  
4-6pm

JULY

9

Strawberry Supper  
Meatloaf  
4-6pm

AUGUST

13

Blueberry Supper  
Ham & Hodgepodge  
4-6pm

SEPTEMBER

10

September Supper  
Roast Pork  
4-6pm

OCTOBER

9

Thanksgiving Dinner  
Turkey Dinner  
11:30am-1:30pm & 2:30-4:30pm

OCTOBER

22

Oktoberfest Supper  
Roast Beef  
4-6pm

DECEMBER

2/3

Christmas Festival  
Turkey Dinner  
12-2pm & 3-4:30pm

DECEMBER

17

Breakfast with Santa  
Eggs, Pancakes, Bacon, Toast  
8-11am

1787 Forties Road, New Ross

902-689-2000

fortiescc@gmail.com



# New Ross Legion Events



Guests must be signed in by a Member. Under aged guests must be accompanied by a guardian. Membership is easy and inexpensive. Come take a look!  
Open Monday, Thursday & Friday at 4pm

**FRIDAY NIGHT LIVE STARTS AT 8:30pm** Cover charge: \$5.00 Member  
Bring your Dancing Shoes!! \$7.00 Non-member

**MAR 3: FOG (Four Old Guys)**

**MAR 10: CROSSOVER BAND**

**MAR 17: THE UPBEATS – Get your Green on and come celebrate St. Patty’s Day!**

**MAR 24: YESTERDAYS BAND**

**MAR 31: GREAT BIG JOHNSON**

**Coffee Social:** Every Monday 9-11AM Join us for coffee, tea, baked goods and good conversation. Everyone Welcome to attend. Free will offering.

**Memberships: 2023** Membership dues are now being accepted at New Ross Legion Branch 79. The renewal fee is \$45.00 and may be either paid online at [www.Legion.ca](http://www.Legion.ca) or at the bar

**General Meeting:** Wednesday, March 15, 2023 at 7:30pm Members are encouraged to attend.



**ST.PADDY’S CELEBRATION!!**  
**Friday March 17, 2023**  
**8:30pm – 11:30pm**  
**THE UPBEATS”**  
**Members \$5 Non Members \$7**  
**Everyone Welcome!**  
**Come Get Your Green On!**



## Congratulations Ron!

New Ross Legion is very proud of Comrade Ron Langevin receiving the Queen Elizabeth II Platinum Jubilee Medal for his outstanding service to the community and Legion. Shown here receiving his medal by District Zone Commander Darryl Cook.



# EAST DALHOUSIE COMMUNITY CLUB

1481 East Dalhousie Road  
Springfield NS B0R 1H0  
Facebook: "East Dalhousie Community  
Club"

## CARDMAKING

Wednesday, March 1<sup>st</sup> & 15<sup>th</sup>

9am – 2pm

Everyone Welcome!

Willing to teach those  
who'd like to learn the  
craft.

Bring your lunch!



## SOUP AND SOCIAL



**FREE**

Wednesday, March 8<sup>th</sup> & 22<sup>nd</sup>

Starting at 12 noon

Come and enjoy a nutritious lunch and  
stay to socialize, play cards, etc.

Good will offering accepted.

## TRIVIA

Friday March 10 at 7pm

Bring a group, a friend or come by  
yourself.

Tons of fun, no entrance fee and  
bragging rights if you win!



## SEED SWAP



Saturday March 11

10am – 1pm

Come get your seeds for planting!  
Bring seeds that you'd like to swap or  
just come and get a wide variety of  
seeds. Bake sale, 50/50, raffle draw and  
lunch for sale.

Admission good will offering

## ST. PATRICK'S DAY DINNER

Friday March 17<sup>th</sup>

4:30 – 6pm

Eat in or Take out

Irish Stew, Bread and Dessert

\$15.00



For more information please contact Tony Matthews, President at 902-547-2040  
Or email: eastdalhousiecommunityclub@gmail.com



MUNICIPALITY of CHESTER

# CALL FOR VOLUNTEER NOMINATIONS

Every community group in the Municipality of Chester is encouraged to nominate one volunteer from their group.

From all the nominations, one individual will be selected to represent the Municipality of Chester at the Provincial Awards Ceremony in Halifax. Nominees must be residents of the Municipality.

Application form can be found on our website at: [www.chester.ca/community/volunteer](http://www.chester.ca/community/volunteer)

For more info call the Municipality of Chester Recreation office at 902-275-3490 or email [recreation@chester.ca](mailto:recreation@chester.ca).



**Deadline to submit nominations is Friday, March 10, 2023**



**Congratulations to Ethel Feener**, long time employee of Ross Farm Museum and lifelong resident of New Ross, for receiving a Queen's Platinum Jubilee Medal, presented in December 2022.

Ethel has become the face of the Ross Farm Museum greeting visitors from near and far with enthusiasm and joy. Her tireless dedication to museums and history, as a whole, earned her this prestigious medal.

Ethel was one of 15 Nova Scotians to be recognized for their significant contributions to the province.





# Municipality of Chester Recreation & Parks Department

186 Central Street PO Box 369 Chester NS B0J 1J0

Tel: (902) 275-3490 Fax: (902) 275-3630

Email: [recreation@chester.ca](mailto:recreation@chester.ca)



## 2023 VOLUNTEER NOMINATION FORM

Deadline to submit Nomination form and pictures: **Friday, March 10, 2023.**

**Please complete both pages of this form and return to the Recreation & Parks Department  
(either by email, mail, fax, drop-off box or in person)**

### Guidelines for completing a nomination:

- Nominees must have served in a volunteer role (not paid) within the community. Their volunteer efforts must have had a positive impact on the community and quality of life of residents. They should be a positive role model in their service to the community.
- Volunteers cannot have received this award in the last 5 years.
- Some nominators may want to surprise a volunteer with this recognition; however, we recommend you contact the volunteer before submitting their name.
- From all the volunteers that are nominated, one volunteer will be selected to represent the Municipality of Chester. The Provincial Volunteer Award is only given once to an individual.
- All nominees will be recognized through our Municipal volunteer celebrations.

Name of Volunteer (Individual, Youth or Family): \_\_\_\_\_

Volunteer's Mailing Address (include civic address) \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Cell Number \_\_\_\_\_ Email \_\_\_\_\_

**Please email approximately 3 pictures of the Nominee.**

Nomination Form submitted by whom: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Community Organization Nominating (if applicable): \_\_\_\_\_

Mailing address: \_\_\_\_\_

**1. Describe the nominee’s volunteer activities and why you believe they should receive a volunteer award? For example: *what organization(s) do they volunteer for and what is/was their role.* (200 words or less)**

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**2. Describe the impact the volunteer has had on the community? (100 words or less)**

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Date: \_\_\_\_\_

To the best of my knowledge the volunteer being submitted has not previously received the Provincial Representative Volunteer Award.

Signature: \_\_\_\_\_

\*\*\*\*\*

# Business Section

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## **ATTENTION BUSINESSES SERVICING NEW ROSS & AREA** *Business Directory ~ A project of the New Ross Regional Development Society.*

Plans are in the works to update the *New Ross Business Directory*. This is a convenient guide of goods and services that you use everyday, like sourcing an electrician, getting a haircut, ordering pizza, & more!

The directory will list businesses by category and include contact information, such as phone number, email, or website.

If you own a business and want to be included, get in touch with Wendy Moore or Tina Connors by April 15.

Wendy: [wendymoore@gnspe.ca](mailto:wendymoore@gnspe.ca); 902-698-9704.  
Tina: [connorsbroome@gmail.com](mailto:connorsbroome@gmail.com); 902-679-4461.



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[Jasonelectrical@eastlink.ca](mailto:Jasonelectrical@eastlink.ca)



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Front of house position(s)

15/hr + tips, staff meals, benefit plan

Full time or part time

8 hour shifts (lunch and dinner) Thursdays, Fridays, Saturdays, Sundays

Start date negotiable

Re-open date depends on staffing



Email Julie + Joseph [deli@peasantspantry.ca](mailto:deli@peasantspantry.ca)

We are a small team that helps each other, has fun and takes pride in our work. Our customers are the BEST - we know most of them by name and look forward to welcoming them back this year. Join us!  
[www.peasantspantry.ca](http://www.peasantspantry.ca)

## Did you know...

That The Flyer is available online by visiting the website [www.newross.ca](http://www.newross.ca)?

If you haven't yet checked out this site it is packed full of all things New Ross!

If you have someone that lives outside the Community that would like a copy of The Flyer we can add them to our mailing list or if they would like a copy mailed to them we can do that too! Or if you want an extra copy for yourself just let us know!

## Our office is open for you.

*Wheelchair accessible. Hours: M-F 10 a.m. to 4 p.m.*

**Office Phone:** 902.275.2501

**Email:** [BarkhouseMLA@gmail.com](mailto:BarkhouseMLA@gmail.com)

**Facebook:** @BarkhouseMLA

**Instagram:** @mlabarkhouse

**Twitter:** @BarkhouseMLA

Office Location:

# 3, 4080 Highway 3

Chester, NS B0J 1J0



**Danielle Barkhouse**  
MLA Chester-St. Margaret's



### In 2007...

Apple introduced the iPhone;  
The Boston Red Sox won the World Series;  
Halifax hosted Tall Ships and the Parade of Sail;  
The Sopranos TV show ended...

AND  
Community Wheels  
hit the roads of  
the Municipality  
of Chester!

CommunityWheels  
15 YEARS



## Community Wheels

### A service tailored to serve YOU!

**Where would YOU like to go?** A job interview, shopping, social visit, school, an appointment, out for fun, need a break from winter driving –**We can help with that.** Fares? Pay us what you can afford. Book in advance and we'll be at your door. Call for our **DAY-TO-DAY SERVICE.**

**Where would YOU like to go? Do you need assistance getting there?** We can help with that. We have accessible vehicles for those with limited mobility and/or seniors. Book in advance and we'll be at your door. Call for our **ACCESSIBLE SERVICE.**

**Where would YOU like to go? Planning an event or a group outing?** We can help with that. Perfect for any time a group may want to travel to a destination together. It's a safe, enjoyable way to reach where you need to go. Call for our **CHARTER SERVICE.**

**For more details on all our services,  
please contact us at 902-273-2440,  
email [commwheels@sswap.ca](mailto:commwheels@sswap.ca)  
or visit [www.communitywheels.ca](http://www.communitywheels.ca)**

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\* Craniosacral Therapist

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Phone: (902) 689-2849  
E-mail: [juliasandersrmt@hotmail.com](mailto:juliasandersrmt@hotmail.com)

4905 Highway 12, New Ross



NEW ROSS

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over profits.

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56 Forties Rd, PO Box 32  
New Ross, NS B0J 2M0  
Phone: (902)689-2949, Fax: (902)689-2597

50 Highway 12, PO Box 69  
Chester Basin, NS B0J 1K0  
Phone: (902)275-3509, Fax: (902)275-2590

[www.newrosscreditunion.ca](http://www.newrosscreditunion.ca)

~ 2022 RRSP Contribution Deadline is March 1, 2023 ~

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DO YOU HAVE A CREDIT UNION  
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Your Credit Union Debit Card gives you easy access to your money at thousands of automated teller machines (ATMs) around the world 24 hours a day, 7 days a week. As well, it provides convenience and security by using the Direct Payment option for all your retail purchases as well as Interac Online Payment, where available.

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Floral Design Studio

## Seasonal Arrangements Delivered Weekly to Brighten Your Home

With our flower CSA subscription you get more than cut flowers. Each week you receive \$25 worth of seasonal flowers transformed into a beautiful floral arrangement — for yourself, your business or to give as a gift.

- 14 designer arrangements, one per week, PLUS two extra weeks for early registration!
- Early registration closes March 17.
- Subscription starts June 3rd.
- Free delivery within a 15 km radius.
- Price \$350 (plus HST).

Read our blog on the many benefits of a weekly floral subscription at [foragedfloralsnewross.ca](http://foragedfloralsnewross.ca).



## Spring Workshops

### How to Make BioChar

Biochar is a sustainable, long term soil amendment that enriches soil biodiversity. In this workshop, you learn step by step how to make biochar. All materials supplied.

Everyone takes home:

- a small bucket of charged biochar
- a supply list to create your own biochar burn chamber at home.

April 23, 1- 3 pm

Cost \$25 plus HST

### Garden Obelisk

For a small garden, an obelisk gives height. For a large garden, it gives visual interest. For the wee ones, it makes a great tent! All materials supplied.

May 13, 1- 3 pm

Cost \$35 plus HST



### Planning a wedding?

Read our blog *Say 'I Do' to Expert Floral Design: The Benefits of Early Wedding Planning* at our website: [foragedfloralsnewross.ca/blog](http://foragedfloralsnewross.ca/blog).

Planning early frees the bride of worry and lets the professional floral designer

bring your dream to life. **Call for a free consultation!**

## MARK THE DATE!

Join us on July 9th for ***Foraging Wildfoods and Medicine*** with **Oren Hercz RHP (HANS)**

A fun hands-on workshop with clinical herbalist Oren Hercz at Foraged Florals. Learn to identify, harvest, store, and eat some abundant local medicinals. Lunch of foraged greens with seasonal cordial included in price.

Register at [foragedfloralsnewross.ca](http://foragedfloralsnewross.ca)

5491 Hwy 12, Harriston

902-209-3638



# PLAYHOUSE WITHOUT WALLS SPRING 2023

MARCH 4TH

**COMEDY  
 NIGHT  
 IN  
 CHESTER!**

HA HA  
 HA HA  
 HA HA



MARCH 24TH

**JOCE REYOME &  
 TERRA SPENCER**

AN EVENING WITH  
 TWO SOULFUL  
 SONGWRITERS



APRIL 1ST

**BILL WOOD  
 IS  
 MAGIC!**



APRIL 15TH

**QUOTE THE RAVEN**  
 FOLK DUO

WITH  
 KRISTEN MARTELL



APRIL 25TH

IN CONVERSATION:  
**ANDRE  
 FENTON**

Award-winning Novelist,  
 Filmmaker & Spoken Word Artist



MAY 4TH

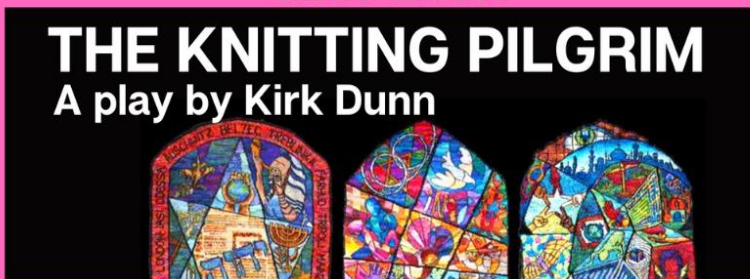
Stories & Songs of  
**STOMPIN'  
 TOM**

Featuring  
**WHISKEY JACK**



MAY 26TH

**THE KNITTING PILGRIM**  
 A play by Kirk Dunn



WORKSHOP - APRIL 1ST

**IMPROV  
 FOR  
 ANXIETY**

with Counseling  
 & Creative Arts Therapist  
 Bill Wood



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**CHESTERPLAYHOUSE.CA**  
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 (902) 275-3933