

The Flyer

April 2024 Edition

PO Box 55, New Ross, NS, B0J 2M0

E-mail Ads and Notices to: nrfrclaura@gmail.com

The deadline for receiving items for the **May Flyer** is **Wednesday, April 24th at 4 pm** with delivery coming on Wednesday May 1st, 2024. ***Date change***

Suggested donations for flyer ads:

Payments by cheque, cash, or E-transfer to newrossflyer@gmail.com

Full page ad \$30 ½ page ad \$15 1/3-page ad \$10

Please remember to include your contact info with your ad (name and phone #)

The Flyer acknowledges the following recent donations:

Mavis Russell Lacey Mines Campground Foraged Florals

Ultimate Income Tax Inc. (Gary & Jennie Graves) Linda Spinney

Thank you all for your continued support!

New Ross Family Resource Centre
 IN PARTNERSHIP WITH
 Forties Community Centre

FREE MEALS FOR FAMILIES!
 WITH CHILDREN 19 OR UNDER LIVING AT HOME

Look what's back!

PICK UP YOUR TICKETS PRESENT YOUR TICKETS ENJOY YOUR MEAL!

contact NRFRCdirector@gmail.com or call 902-689-2414
 for more information



NEW ROSS FAMILY RESOURCE CENTRE

4691 Highway 12, PO Box 106, New Ross
(902) 689-2414

*Follow us on Facebook!

<https://www.facebook.com/nrfrfc/>

OFFICE HOURS: M-Th 9-4, Fridays by chance.

Executive Director: Lindsay Lenihan,
nrfrdirector@gmail.com

Office Administrator: Laura Broome,
nrfrclaura@gmail.com

Family & After School Program Co-ordinator: Janice Cornelius, nrfrjanice@gmail.com



ON SITE BLOOD COLLECTION every second THURSDAY.

You must call Colleen Hull at **624-0406** to book your appointment!

BLOOD COLLECTION FEE \$15 For in Centre Collection.

Upcoming Dates: April 25th May 9th & 23rd June 6th & June 20th

These dates are subject to change pending weather conditions or lack of appointments. If you have an appointment and the clinic is cancelled, you will be notified by Colleen and it will be posted on the Resource Centre Facebook page.

New Ross Family Resource Centre

Programming:

For Parents and Families – always free. Childcare available.

Play Group: Every Tuesday 10 – 11:30 am when there is school. For families with children from birth to age 5. Includes free play, art activities, reading, music, a healthy snack, and an opportunity for the adults to connect.

Self-Regulation Program: Next round starts May 7th from 1:30-3:00 pm. This 6-week program used the AMPed Up! Anger Management Program Guidelines for parents that emphasizes understanding emotions, enhancing communication, and stress management skills. You will gain the ability to better regulate your emotions and productively manage your feelings. In-person or virtual. Call 902-689-2414 or email NRFRJJanice@gmail.com to register.

note new day! **Parent Support Group:** Wednesdays 10 am – 12 noon. Come join Lindsay for a hot beverage, a light snack, and a conversation with others about the joys and trials of parenthood. Confidentiality forms are required. Call 902-689-2414 or email



NRFRCDirector@gmail.com to register. Drop-ins are welcome as well! Children are welcome to attend.

Nobody's Perfect Parenting Program: Mondays 1:30-3:00 pm starting May 6th. This six-week program is community-based for parents and designed to promote positive parenting. Together, with the guidance of trained facilitators, you will discover positive ways to interact with your children. Information and support are provided about topics such as child development, safety, and behaviour. It is facilitated in a group setting that is welcoming, safe, and inclusive. Call 902-689-2414 or email NRFRCLaura@gmail.com to register. The form for registration can also be found on our Facebook Page!

Birth & Postpartum Support: Lindsay Lenihan is trained as a Birth and Postpartum Support Doula. She can help you prepare you prenatally for the arrival of your child, including information on common pregnancy symptoms, what to expect in labour, the creation of a birth plan, and help prepare your support person for their role in the birth room. Postnatally, Lindsay can offer postpartum support such as lactation support, comfort measures, even help around the house. Lindsay is accepting limited clients, so if you are currently expecting and interested in receiving support please call 902-689-2414 or email NRFRCDirector@gmail.com.

Seed Kits: We will have limited seed kits available to those who register. They will include a variety of seeds and a gift certificate to T&D Nursery for any of your gardening needs! Call 902-689-2414 or email NRFRCDirector@gmail.com to register. Kits will be ready to go out in May!

RISE | Accountability Group: Do you find yourself setting goals and struggling to follow through with them? Join us on April 8th from 10-11:30 am for a RISE (Refresh, Inspire, Support, Empower) info session where you learn how to create SMART goals, set yourself up for success, and common things that may hold you back (and how to keep going!) Following the info session will be optional bi-weekly get-togethers and an ongoing virtual chat to encourage and uplift each other on our respective journeys! Call 902-689-2414 or email NRFRCJanice@gmail.com to register!

At Home Learning Kits: A learning/play kit which includes activities for children (ages 1-5 years old), family activities (such as cooking) or an online component (such as a read-aloud book). These are prepared monthly, and registration is required. Call 902-689-2414 or email NRFRCJanice@gmail.com to register!

Food Box Program: A familiar name, but a different program! In this Food Box you will receive all the ingredients to make one homemade meal (with recipe included) along with some pantry staples! Call 902-689-2414 or email NRFRCDirector@gmail.com to register. The traditional Food Box has been renamed to the Fresh Produce Box and is listed below!

For Children & Youth

***returning!* Girl Talk with Janice:** This 4-week FREE program will be starting up again in mid-April. A notice will be sent home through the school with more info and details! (Registration will be required.)

Girl on Fire: This program is for those who identify as female between the ages of 13-19. It is intended to provide young women with methods to skillfully face challenges and enjoy mental, emotional, and physical well-being. For further information or to register please email Janice at NRFRCJanice@gmail.com or call us at 902-689-2414.

New Ross After School Program: Monday – Friday, 2:25 – 6:00 pm throughout the school year. Contact Janice at 902-277-1823 or NRFRCJanice@gmail.com for more information and availability.

For Everyone

Mona Thomarat: Mona can help with any grant applications, photocopying, etc on Monday April 8th and 29th from 1:00-4:00 pm.

The New Ross Family Resource Centre (Mona) will be preparing personal Tax returns for free under the Community Volunteer Income Tax Program (CVITP) . Our centre will have a drop off service - an authorization form will need to be filled out / signed, and 1 piece of ID will need to be copied (Drivers Licence). Mona will also be offering same-day Tax Clinics on Tuesday, April 16th and 23rd from 12:00-4:00 pm. Start gathering up your T4's , last years Notice of Assessment (NOA) that you received after your taxes were filed. If possible, last years income tax return is also a helpful tool to bring along.

Community Closet: This ongoing initiative will start as an Free Clothing Event on Friday April 19th & Saturday April 20th from 12:00-8:00 pm in the Multipurpose Room of the NRFRC. After the Free Clothing Event, the Community Closet will live within the main office on the ground level. To shop, come during office hours 9:00-4:00 pm Monday to Thursday! Donations are being accepted on Tuesdays and Thursdays from 9:00-1:00 pm. If you would like to drop off donations outside of this time, send us a message. ☺

Community Cupboard: Donated goods are welcome for anyone to take during our regular business hours. Take what you need or leave what you can.

***returning!* Produce Box** (*formally known as the Family Food Box*): \$25 each. Each month we will have boxes of seasonal, local produce available for sale in our area. These boxes include a variety of produce such as apples, lettuce, beets, tomatoes, squash, carrots, onions, potatoes, corn on the cob, etc. This program will run from May – November and requires a minimum of 12 registrants. Call 902-689-2414 or email NRFRCDirector@gmail.com to register.

More Programs in Partnership:

Yoga with Mona: \$120 per 10-week session. Yoga with Mona has been so popular that we are continuing this second session each week! Wednesday evenings are full, but spaces remain on Tuesday evenings. Classes start on April 9th & 10th. Both class times are 6:30-7:45. Call 902-689-2414 or email NRFCJanice@gmail.com to register.

Combo Dance Classes: Dance is finishing up for the winter term and recital day is right around the corner on April 6th, 2024 at 1:00 pm! Recital will be open to the public with a suggested \$2 entry (or item for the Community Cupboard!) We are excited to announce that Miss Brooklyn will be back in the autumn to continue teaching dance! Registration will begin at the end of July but we can make a list and make sure we contact you when the time comes!

Seniors Safety Academy: Wednesdays 1:00-3:30 pm. Lisa Bennett will be at the New Ross Family Resource Centre for 6 weeks starting April 10th teaching Seniors Safety! Some of the topics included are scams/fraud prevention, wills/power of attorney, safe bank/investing, legal information, home safety, fall prevention, and seniors mental wellness. Guest speakers will be attending from organizations such as Alzheimer's NS, Caregivers NS, and more! To register call (902) 689-2414 or email NRFRCLaura@gmail.com

returning! **Free Meals for Families:** A partnership with the Forties Community Centre and their monthly dinners to help support all families with children 19 or under and living at home to share in having a local, nutritious, home cooked meal provided to them! Simply come to the Centre and let us know who in your household would like this meal, then present your tickets at the time of the dinner. You are welcome to sit and enjoy your meal there or bring it home to enjoy at home. First dinner is Baked Beans, Potato Scallop, and Ham on April 14th from 4:00-6:00 pm.



2024 *April*

SUN	MON	TUE	WED	THU	FRI	SAT
	1 <i>Easter Monday</i>	2	3 PARENT SUPPORT GROUP 10:00 - 12:00	4 <i>No School</i>	5 DANCE 2:30 - 4:30	6 DANCE RECITAL 2:00
7	8 RISE 10:00 - 11:30 MONA 1:00 - 4:00	9 PLAY GROUP 10:00 - 11:30 SELF-REGULATION YOGA 6:30 - 7:45	10 PARENT SUPPORT GROUP 10:00 - 12:00 CAREGIVERS SUPPORT GROUP 1:00 - 3:00 SENIOR SAFETY ACADEMY 1:00 - 3:30 YOGA 6:30 - 7:45	11 BLOOD COLLECTION 8:30-9:30	12	13
14 ROOM RENTAL	15	16 PLAY GROUP 10:00 - 11:30 TAX CLINIC 12:00 - 4:00 SELF-REGULATION YOGA 6:30 - 7:45	17 PARENT SUPPORT GROUP 10:00 - 12:00 SENIOR SAFETY ACADEMY 1:00 - 3:30 YOGA 6:30 - 7:45	18	19 COMMUNITY CLOSET OPEN HOUSE 12:00 - 8:00	20 COMMUNITY CLOSET OPEN HOUSE 12:00 - 8:00
21 ARM WRESTLING 2:00 - 4:00	22 RISE 10:00 - 11:30	23 PLAY GROUP 10:00 - 11:30 TAX CLINIC 12:00 - 4:00 YOGA 6:30 - 7:45	24 PARENT SUPPORT GROUP 10:00 - 12:00 SENIOR SAFETY ACADEMY 1:00 - 3:30 YOGA 6:30 - 7:45	25 BLOOD COLLECTION 8:30-9:30	26	27
28 ARM WRESTLING 2:00 - 4:00	29 MONA 1:00 - 4:00	30 PLAY GROUP 10:00 - 11:30 YOGA 6:30 - 7:45				

Food Box

April - November

- for families w/ children <19
- ingredients for a meal
- recipe
- staple food items
- free



Produce Box

May - November

- for anyone
- seasonal, local produce
- 12 registrants req'd
- \$25



thank you

to the group of volunteers that gave their time and hard work to make 160 meals per week for our families!

Janet Larder, Colleen Hebb, Coleen Veinot,
Betty Lou Ward, Kim Robinson, Angela Reeves,
Carol Manders, Mel Ward, Joe Hebb,
Mary Anne Russell, and Michael Keddy



DO YOU KNOW A TRADITIONAL SKILL, ART, OR CRAFT YOU WOULD BE WILLING TO TEACH?



knit



felting



embroidery



wood working

For upcoming programming, we would love to have a local community member share skills to teach our parents and youth. Examples are rug-hooking, wood carving, felting, crochet, if you have any skill you would love to share - we would LOVE to hear from YOU!!

We feel sharing traditional arts with our families can provide a shared experience of community through passing these art forms down through generations. The benefits of having parents and their children learn a new skill/art together will aid in family connectivity, while allowing a chance for creativity and being receptive to new ideas and experiences! (For further info please email Janice at nrfrjjanice@gmail.com or contact us at 902-689-2414

DANCE RECITAL



FUELLING PASSION, IGNITING EXCELLENCE

APRIL 6TH 2 PM

4-6 NEW ROSS	A WHOLE NEW WORLD
MACY KEDDY	EXES
TEAM SCORCH	SKYSCRAPER
TEAM INFERNO	SPEAK
7+ NEW ROSS	LOVE IS JUST A WORD
TEAM FLAME	MAKE IT LOOK EASY
TEAM SCORCH	GIRLS JUST WANNA HAVE FUN
TEAM INFERNO	BLOW
4-6 NEW ROSS	FRIEND LIKE ME
DENI DEBOUVER	THIS IS GROWING UP
HALI MACMILLIAN-TOWNSEND	WHEN I GROW UP
TEAM FLAME	HURT
GRACELYN RAINSFORTH	CHAMPAGNE PROBLEMS
7+ NEW ROSS	LET'S GET LOUD
MISS BROOKLYN	FAME

\$2 SUGGESTED ENTRY. FLOWERS AVAILABLE FOR PURCHASE

**JOIN US FOR 6
WEDNESDAY
AFTERNOONS AT
NEW ROSS FAMILY
RESOURCE
4691 NS-12, NEW ROSS**



**APRIL 10 - MAY 15, 2024
1 PM - 3:30 PM**



SENIORS SAFETY ACADEMY

- **SCAMS/FRAUD PREVENTION**
- **WILLS/POWER OF ATTORNEY**
- **SAFE BANK/INVESTING**
- **LEGAL INFO**



- **HOME SAFETY**
- **FALL PREVENTION**
- **SENIORS MENTAL WELLNESS**



- **ALZHEIMER'S NS**
- **CAREGIVERS NS**
- **AND MORE....**



**To Register
Please Call 902-689-2414**



FINANCIAL SERVICES

Mona will help you file your taxes accurately and efficiently at the Resource Centre at no cost through the Volunteer Income Tax Program. Individuals must have an income under \$35,000, Couples under \$45,000 plus \$2,500 for each dependant. This program is not meant for those that have small businesses or income from rental property.

- Personal tax preparation
- E-Filing
- Budgeting
- Grant preparation

**MONDAY'S MARCH 4TH,
11TH & 18TH 1 - 4**

 902-689-2414

Mona's April Hours: Monday April 8th 1-4
Monday April 29th 1-4

Free Income Tax Clinic

Dates: Tuesday April 16th 12-4
Tuesday April 23rd 12-4

- * Please call 689-2414 to set up an appointment time with Mona.
- * Income Tax information can be dropped off in advance to the Family Resource Centre

New Ross Preschool Society – New Ross Daycare

4691 Highway 12, New Ross, NS B0J 2M0



JOB TITLE: 18 Month Maternity Leave Position, Early Childhood Educator (Level 1 or 2)

REPORTS TO: Daycare Director

POSITION SUMMARY:

Our Early Childhood Educators are responsible for organizing and operating a day care program in the community of New Ross for children aged 18 months to 5 years. We are a non-profit organization run by a Board of Directors.

DUTIES AND RESPONSIBILITIES:

The Early Childhood Educators are responsible for: Creating a warm, family friendly environment that supports the families of New Ross and surrounding areas with their childcare needs.

WORKING CONDITIONS:

- Bending, sitting, standing, walking, crouching, and lifting
- Working outside in various weather conditions

Client Services

- Develop and implement child-care programs that support and promote the physical, cognitive, emotional, and social development of children.
- Plan and lead activities by telling or reading stories, teaching songs, taking children to local points of interest, and providing opportunities to express creativity through the media of art, dramatic play, music, and physical activity.
- Plan and maintain an environment that protects the health, security, and well-being of children.
- Guide and assist children in the development of proper eating, dressing and personal hygiene skills. (toileting, handwashing, cough & sneeze etiquette, etc.)
- Assess the abilities, interests, and needs of children and discuss progress or problems with parents and other staff members.
- Supervise and coordinate activities of other early childhood educators, practicum students, and early childhood educator assistants

Administrative Functions

- Observe children for signs of potential learning or behavioral problems.
- Complete daily Toddler Reports for children under 3 years of age and take notes of each child's day.
- Observe and document, to create panels of documentation.
- Complete paperwork, reports and documentation pertaining to operational standards.
- Ensures compliance with all Day Care licensing requirements and in accordance with the Day Care Act and Regulations

Other duties as required

- Assist with special events of the program.

- Assist in fundraising efforts for the program.

REQUIRED KNOWLEDGE, SKILLS, ABILITIES AND PERSONAL ATTRIBUTES:

- Enjoy and work well with children.
- Demonstrate attention to detail to ensure accuracy of written information.
- Manage time and prioritize tasks.
- Work closely with other staff and interact in a professional manner.
- Plan, implement and document age-appropriate activities using the N.S. Early Learning Curriculum.
- Work independently with minimal supervision and understand the collaborative approach with co-workers, families and other participating members and partners.
- Use excellent communication skills (written and oral).
- Pursue professional development and retain a level of certification.
- Leadership skills, positive attitude, creativity and works well with others.
- Must value play-based learning and child-led approach to early learning.
- Maintaining cleanliness in the classroom and helping to complete the daily/weekly cleaning.

REQUIRED QUALIFICATIONS:

- Level 1 or 2 Classification under the Day Care Act and Regulations 40(1) of Day Care regulations.
- Experience in day care or a related field an asset.
- Current First Aid Certification (issued or renewed within the past 2 years)
- Current Child Abuse Check (issued or renewed within the past 2 years)
- Current Vulnerable Sector Check (issued or renewed within the past 2 years)

Salary: To be negotiated based on qualifications and new ECE wage scale

Anticipated start date: June 1st - 17th 2024

Deadline to Apply: May 3rd, 2024

All applicants must clearly demonstrate in their cover letter or resume that they meet required qualifications of education to be considered for this opportunity. Please forward cover letter and resume to newross.communitypreschool@gmail.com. References to be available upon request.

We want to thank all interested candidates for applying. Only those individuals we wish to interview will be contacted.

New Ross Preschool Society – New Ross Daycare

4691 Highway 12, New Ross, NS B0J 2M0



JOB TITLE: Program Support Worker (Summer Student Position)-Pending Funding

REPORTS TO: Daycare Director/ Acting Director

POSITION SUMMARY:

Our Program Support Worker is responsible for providing additional support to families enrolled in the day care program in the community of New Ross for children aged 18 months to 5 years.

MAIN DUTIES AND RESPONSIBILITIES:

The program support worker is responsible for working in collaboration with the Early Childhood Educators to create a warm, family friendly, inclusive environment that supports all families of New Ross and surrounding area with their childcare needs.

Client Services

- Encourage and assist children's participation in the Daily Routines:
 - Small Group activities, such as telling or reading stories, singing songs, "Circle Time", etc.
 - Whole Group transition times such as preparing for outdoor time, lunch time, nap/quiet time, going on field trips, etc.
 - Individual /Free Play times
- Assist staff in planning and maintaining an environment that protects the health, security, and well-being of all the children.
- Guide and assist children in the development of self-help skills such as eating, dressing, toileting, handwashing, caring for their belongings, etc.
- Assess the abilities, interests, and needs of children and discuss progress and strategies with parents and other staff members. Work with ECE's to develop and use developmentally appropriate classroom resources (e.g. PEC's, quiet time activities, etc.)
- Maintaining cleanliness in the classroom and helping to complete the daily/weekly cleaning.

REQUIRED KNOWLEDGE, SKILLS, ABILITIES AND PERSONAL ATTRIBUTES:

The Program Support Worker should be able to:

- Enjoy and work well with children.
- Demonstrate attention to detail to ensure accuracy of written information.
- Manage time and prioritize tasks.
- Work closely with other staff and interact in a professional manner.
- Establish and maintain positive relationships with staff, children, and families.

REQUIRED QUALIFICATIONS:

The Program Support Worker must possess:

- Current First Aid Certification.
- Current Child Abuse Check.
- Current Vulnerable Sector Check.
- Must be between 15 and 30 years of age at the beginning of the employment period

Hourly wage: \$15.20 per hour
Anticipated Start Date: May 6th, 2024
End Date: August 16th, 2024
Deadline to Apply: April 1st, 2024

Please forward cover letter and resume to newross.communitypreschool@gmail.com. References to be available upon request.

We want to thank all interested candidates for applying. Only those individuals we wish to interview will be contacted.

New Ross Preschool Society – New Ross Daycare

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- Guide and assist children in the development of self-help skills such as eating, dressing, toileting, handwashing, caring for their belongings, etc.
- Assess the abilities, interests, and needs of children and discuss progress and strategies with parents and other staff members. Work with ECE's to develop and use developmentally appropriate classroom resources (e.g. PEC's, quiet time activities, etc.)
- Maintaining cleanliness in the classroom and helping to complete the daily/weekly cleaning.

REQUIRED KNOWLEDGE, SKILLS, ABILITIES AND PERSONAL ATTRIBUTES:

The Program Support Worker should be able to:

- Enjoy and work well with children.
- Demonstrate attention to detail to ensure accuracy of written information.
- Manage time and prioritize tasks.
- Work closely with other staff and interact in a professional manner.
- Establish and maintain positive relationships with staff, children, and families.

REQUIRED QUALIFICATIONS:

The Program Support Worker must possess:

- Current First Aid Certification.
- Current Child Abuse Check.
- Current Vulnerable Sector Check.
- Must be returning to or enrolled in Post-Secondary Education for September 2024

Hourly wage \$15.20

Anticipated Start Date: June 3rd 2024

End Date: August 16th 2024

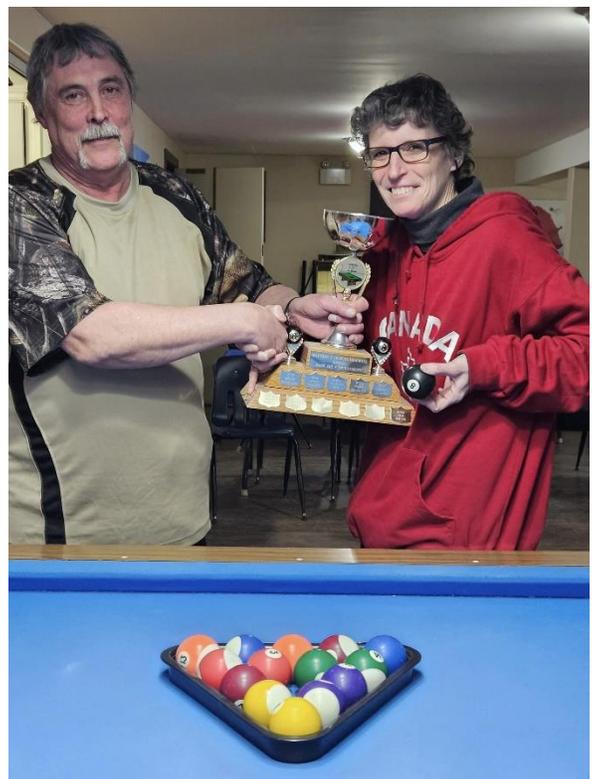
Deadline to Apply: May 3rd 2024

Please forward cover letter and resume to newross.communitypreschool@gmail.com. References to be available upon request.

We want to thank all interested candidates for applying. Only those individuals we wish to interview will be contacted.

What's Happening in New Ross

New Ross Legion Branch 79
President Janet Walker is proud to
present our oldest member Comrade
Alice Walker with her Branch
Service Medal on her 97 Birthday.



Lexie McDow

WHAT HANDY HANDS 4H CLUB IS DOING

WE HAD OUR
CLUB LUMBER
SPORTS
PRACTICE



March 5th
2024

Thank you to the
members that came
to try it out!!



There was lots of
fun had!!

PIC•COLLAGE

Matthew Duncan Memorial Bank the 8 Ball
2024 winner is Daisy Turner
Congratulations! Great day of pool!

**The Legion is doing a 'Chase the Ace'
fundraiser. The next draw is April 1st.
The Jackpot is over \$2800!!**

With Thanks



The family of Jeannine (Jeanie) Bezanson would like to extend our heart felt thanks to everyone who assisted during this difficult time. To Rick Turner, Shelley Reeves, the New Ross Fire Dept, our local RCMP officer, EHS and family without your help this would have been even harder. We'd like to thank everyone who dropped off food, made donations and extended their sympathy. There was a great attendance (175+) for the Celebration of life even with the bad weather that day. It was truly a wonderful show of love and support and greatly appreciated. Mom would have been very pleased. There are two things I know for sure, we miss her and our onions will last a lot longer.

Birthday Thank You

First I'd like to thank my five children, Kerry, Kendra, Jami, Cameron and Joette for hosting this party for me, also their partners, relatives, and friends who helped with the beautiful decorations and good food.

To my brother Ervin and Glenda for helping plan and arrange things, to my brother Phillip and Linda for bar tending, thanks again.

Many thanks to all those who attended, for the cards, gifts and good wishes.

The band was great, a favourite of mine which they all knew.

I hope you all enjoyed the evening as much as I did!

I know it was supposed to be a surprise, but I was suspicious something was being planned after a few words I overheard, but never the less it was well planned, and I didn't suspect anything that evening, until we reached the hall, as Bobby was supposed to be there looking at a job Marsha wanted done, lie!! When I saw all the cars especially my kids' cars, I said,

"something fishy is going on here". However it was a beautiful evening, and I was surrounded by beautiful people who I hope live to be 85 and longer with good health and happiness, which God has granted me.



Love to you all,
Mavis

Community Spotlight

Just the other day I had a lady sitting in front of my desk at work and she was talking with the other people gathered here that morning. Listening to her that day I knew she was to be this month's community spotlight. The more people I chatted with the more wonderful and heartwarming stories that were told to me. I had the honor to sit with her myself and have a wonderful chat. This month's spotlight is on Rhoda Veinot.

To say that teaching has been Rhoda's life is an understatement! She taught grade 2 in New Ross for most of her teaching years and to this day she still has past students that bring her trout in the spring, visit to regale stories of long ago, and send cards and gifts throughout the year. Over the years so many have experienced her comforting, loving, caring and kind nature and she indeed made an impact on them all!



Rhoda began teaching in a 2 room school house on Mill Road in 1954 and would walk to school every morning and night from her home on Leville Road. Rhoda told me of the time she had Easter baskets of goodies for her students and it had snowed and her father yoked up the oxen and helped her get to school with her treats. Even though she wanted to be a nurse she became much more to the many that entered her classroom year after year. The story of her life is really that school has been her life.

Rhoda was, and still is, an amazing story teller! She came up with a story called "Going up the Mountain" that was a real treat to her students every Friday afternoon. This story involved creative movement which was not something yet defined in any educational terms. The students listened fascinated every week to tales of the little valley people and the Giant that lived under the bridge. The story was always evolving and never ending. To this day many of her students remember this story and still wonder how it ended.

Many remember Pixie the classroom elf. Pixie would help keep students from misbehaving by whispering to Mrs. Veinot. And the Christmas story of the littlest reindeer that couldn't make it across the river.



Even though Rhoda's life was dedicated to education she also was an active member of the Baptist Church, an avid gardener and a wonderful cook, She received a certificate of recognition from the Charing Cross Garden Club for her outstanding ability in beautifying her property.

In 1977 Rhoda was honored by being awarded the Canadian Silver Jubilee medal in appreciation of worthy and devoted services in the area of teaching. Although this is an esteemed award to receive, the number of students that to this day keep in touch with her shows just what an impact she has made on so very many lives.

Jubilee Medalist

Mrs. Rhoda Veinot, New Ross, has been awarded the Canadian Silver Jubilee Medal in honor of The Queen's 25th Anniversary. The terms of the award are stated in an accompanying scroll signed by the Governor General, Jules Leger: "in appreciation of worthy and devoted service rendered by the recipients and the esteem in which they are held by their associates". Mrs. Veinot is a graduate of N.S. Teachers' College and has completed Block Programs for



Mrs. Rhoda Veinot



Rhoda herself had a love of learning and believed that teachers need to revitalize themselves and accept the risks of trying new approaches.

Primary Education and Reading Specialist.

The opportunity to teach came at an early age. Her 23 years of service has been in Chester Municipality. She started as a classroom teacher. Later she was engaged as a Reading Consultant on the staff of New Ross Consolidated School. In 1977 Mrs. Veinot was appointed to the staff of the N.S. Teachers' Summer School, Halifax. She is presently engaged as Supervisor of Elementary Curriculum for Chester Municipal School Board.

Mrs. Veinot's love for children, qualities of leadership, realistic and creative approaches to programs and a dedication to the cause of education has enabled her to serve in a manner which is unique in its quality and scope. This dedication has been accomplished with satisfaction and joy.

Grade 2 was always Rhoda's favourite grade to teach and after many years teaching she was asked by Dr. Uhlman to become a reading teacher for the school. This was not an



easy decision as she loved her classroom but she decided to take the opportunity leaving her class in the hands of MaryAnn Turner and she never regretted her decision! As a reading teacher she assisted with testing and programming within the school. This soon led to helping out in other schools in the Municipality. Opportunities for professional growth kept coming and Rhoda was soon working with the Department of Education in the mobile reading centre. She helped set up programs and plan materials to help meet the needs of the students.

Later she became elementary curriculum consultant for all the schools in the Municipality. When the Lunenburg County district school board was formed Rhoda chose to become the resource teacher for the New Ross and the Gold-River-Western Shore schools until her retirement. Children loved Mrs. Veinot so much some would even pretend to not be able to read just so they could go to her for extra "help".



Summers were spent continuing her studies and upgrading her education. Rhoda took courses in psychology, classroom methods, science, etc. In 1966 she began four



summer sessions and graduated in 1969 with a diploma in Primary Education. Then began another 4 year program graduating in 1973 with a certificate in reading specialization. She continued taking evening and summer courses in such areas as languages and computers. She was always dedicated to learning and teaching.

While attending the NS summer school for teachers she was asked to be an instructor for graduates while she herself was still an undergraduate. She also served on the examining board at Acadia University. Rhoda gave inservices to teachers and parents within the Lunenburg county schools and also at conferences such as the primary elementary teachers' association. She possessed a wealth of knowledge and a love of learning.

After 38 years of teaching and a passionate dedication to education., Rhoda retired in 1992. Although she had no children of her own she felt like all her students were her children and she gave them unconditional love. Her love for children, qualities of

leadership, realistic and creative approaches to programs and a dedication to the course of education has enabled her to serve in a manner which is unique in its quality and scope.

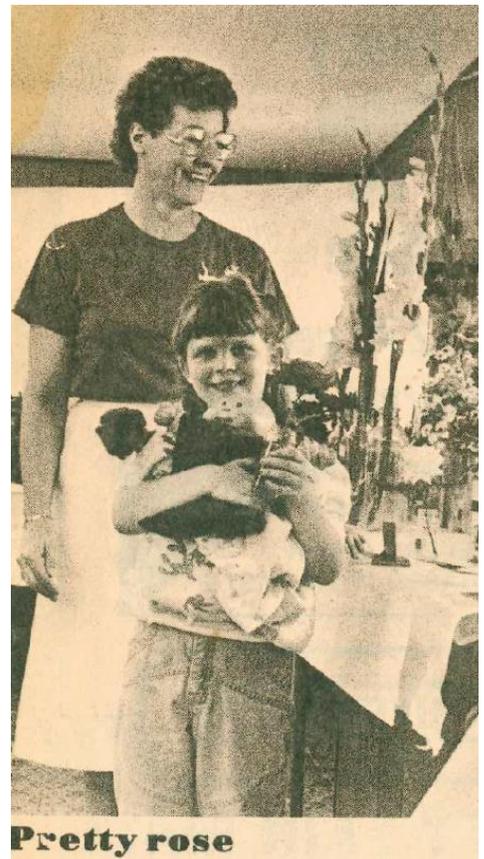


July 2018 Reunion of Rhoda's Grade 2 class of 1967-68. It truly is remarkable that after all these years they still fondly remember their grade 2 teacher. This just shows what a remarkable teacher Rhoda is.



GARDENING GURU

Rhoda Veinot of New Ross was recently presented with a certificate by the Charing Cross Garden Club in recognition of her gardening ability. Taking part in the presentation were, from left: Margaret Meister; Ms Veinot; president Marie Meister and Bernice Hiltz.



Pretty rose

There are not many that would remember who taught them grade 2 let alone what songs they sang or stories they were told. Rhoda is an exceptional soul that has blessed the lives of so many! She truly is a pillar of this community, and I am honored to have her as this month's community spotlight.

Community News



OHC Same Day Clinic Schedule for APRIL 2024 902-273-2098

Call 1-902-273-2098 starting **30 MINUTES** before each shift to make a same day appointment pre-booking is no longer available.
You must have an appointment to come to the 2nd floor walk-in clinic.

Tuesday	Wednesday	Thursday	Friday	Saturday
2 5pm to 9pm	3 5pm to 9pm	4 9:30 am to 1pm 5pm to 9pm	5 CLOSED	6 9am to 1pm
9 5pm to 9pm	10 5pm to 9pm	11 9:30 am to 1pm 5pm to 9pm	12 CLOSED	13 9am to 1pm
16 5pm to 9pm	17 5pm to 9pm	18 9:30 am to 1pm 5pm to 9pm	19 CLOSED	20 9am to 1pm
23 5pm to 9pm	24 5pm to 9pm	25 9:30 am to 1pm 5pm to 9pm	26 CLOSED	27 9am to 1pm
30 5pm to 9pm	 APRIL IS NATIONAL AUTISM AWARENESS MONTH	 APRIL IS TESTICULAR CANCER AWARENESS MONTH	 APRIL IS ALCOHOL AWARENESS MONTH	 April is STRESS Awareness MONTH

Admin office 902-275-3847 Walk-in clinic 902-273-2098
Address: 3769 Hwy #3 PO Box 74 Chester NS B0J 1J0

New Ross Historical Society

If you are interested in learning all kinds of interesting facts and stories about New Ross join the New Ross Historical Society at 7pm on the 4th Wednesday of every month at the Ross Farm Museum. The Society has quarters at The Learning Centre. Microfilms, genealogies, historical publications, Maps and folders containing historical information pertaining to New Ross and beyond are housed there.
Everyone is Welcome!!

Contact this great organization:
PO Box 35
New Ross, NS Canada B0J 2M0
newrosshistorical@gmail.com or
Follow us on Facebook!



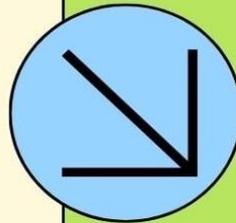


SPRING FLING MARKET



A mixed market of New Ross
Yard Sales
Small Business
Community Groups
Makers
& Bakers

FREE ADMISSION



MAY 4

SATURDAY

9:30- 2:00

NEW ROSS LEGION

64 FORTIES ROAD

WHEELCHAIR ACCESSIBLE

OPEN CANTEEN

50/50

Interested in Joining?

New Ross Men's and Women's Tug of War (Age 16+)

Our teams are welcoming all who are interested in joining the sport of Tug of War to join us for a BBQ and a chance to get your hands on the rope.

DATE: Saturday, April 13 @ 2PM

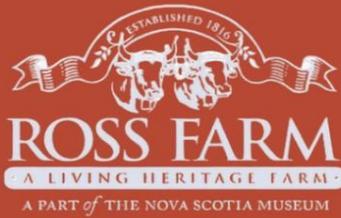
WHERE: New Ross Fairgrounds

*Enter through the second gate, stay straight. At the back corner of the grounds is where practices are held.

For more information contact: New Ross Tug of War Facebook page

Men's Team: Jesse Lohnes 403-971-9642 text or call

Women's Team: Wayne McKinnon 902-791-1174 text or call



THE WONDERS OF MAPLE SYRUP

APRIL 6 & 7
9:30AM - 4:30PM



WE DON'T TAP A LOT OF TREES ON THE FARM, BUT WE STILL HAVE FUN WITH MAPLE SYRUP!

THIS WEEKEND, JOIN US TO LEARN ABOUT THE PROCESS OF TAPPING TREES, COLLECTING THE SAP AND BOILING IT DOWN TO MAKE DELICIOUS MAPLE SYRUP.

SATISFY YOUR TASTEBUDS WITH THE OPPORTUNITY TO SAMPLE MAPLE SYRUP AND PANCAKES IN ROSEBANK COTTAGE.

ENJOY A SWEET DAY AT ROSS FARM MUSEUM!

Community Meeting

Thursday, April 18

Panel Discussion and Q&A: 6:30 – 8 pm

Ross Farm Learning Centre – Hearth Room

The New Ross Community Care Centre Society have hit the ground running this year as we continue to work on cost estimates, site planning and funding options for the affordable housing development. We have scheduled a community meeting to share our progress, discuss the opportunities for community support (both financial and in-kind) and address any questions you may have about the community housing development.

An Evening in Support of the New Ross Community Care Centre

SAVE THE DATE – Saturday, June 1, 2024

Enjoy a chef prepared meal, music, and fun with your friends and neighbors. **Location: TBA.** Tickets: \$50 per person. Ticket sales begin soon. Watch for details online and in the next edition of the Flyer, or email newrosscare@gmail.com.



**Schedule for the Parish of New Ross
April 2024**

Sunday, April 7th Service of Holy Eucharist

9AM: St. Augustine's

11AM: Christ Church

2PM: St. Cyprians

Thursday, April 11th

7PM: Music Jam @ Christ Church

Sunday April 14th – Service of Morning Prayer

9AM: St. Augustine's

11AM: Christ Church

2PM: St. Cyprians

Thursday, April 18th

7PM: Healing Service @ The Rectory

Sunday, April 21 – Service of the Holy Eucharist

9AM: St. Augustine's

11AM: Christ Church

2PM: St. Cyprians

Sunday, April 28th – Café Church

10AM: New Ross Legion

ALL ARE WELCOME!

Update from Tina Connors Councillor – New Ross (District 6)



National Volunteer Week is a time to recognize and celebrate our volunteers. This year’s celebration takes place April 14 to 20, 2024. The theme for 2024 - *Every Moment Matters* - recognizes the importance of every volunteer and each contribution they make. Volunteers have a passion for getting involved. They take action to support the causes and organizations that are important to them. And they make an impact in our communities.

During National Volunteer Week we celebrate our volunteers from coast to coast. Volunteers make the world a better place. Every moment does matter, and for that we are forever grateful. A great big thank you to all volunteers who make our part of the world, our community, better! Thanks for all you do!

Fire & Emergency Service: In the Municipality fire and emergency services are provided through the seven fire departments, including: New Ross; Blandford; Chester; Chester Basin; Hubbards; Martin's River; and Western Shore. Emergency dispatches are logged on a monthly basis, and data is categorized by department and call type. For interest I thought I would include some stats. In 2023:

	New Ross	Total/ All Depts
Medical	25	621
Structural	2	14
Motor Vehicle Accident	16	93
Mutual Aid	11	220
Rescue	1	4
False Alarm	14	75
Other (e.g. flooded basements; police assist/ investigations)	13	199
Non-structural (e.g. vehicle; chimney, brush/ woods fires; downed power lines)	8	77
TOTAL	90	1,303

Annual Grants to Organizations: For the fiscal year April 1, 2023 to March 31, 2024: *Operating* - \$33,000; *Recreation* - \$25,000; *Budgeted Line Items* - \$199,690 [*includes, for example: Church Memorial Park; Community Wheels; Seniors Safety Program]; *Major Project* - \$163,707; *Capital Project* - \$8,640; *District Council Grant* - \$70,000 [*to date, \$65,904 allocated].

On a final note, if you are ever in need of an extra copy of the municipal **Waste Collection Calendar**, don't hesitate to get in touch with me, maybe for yourself, for a new neighbour, for a cottager! I think it's a great resource and full of lots of useful information & extra fun tips!

See you soon,
Tina C.

Best Of CHESTER MUNICIPALITY Awards

VOTING OPEN APRIL 1

**YOUR FAVOURITE
BUSINESS HERE**



2024

**Attention Youth
Ages 10-15!**

Check out the **New
Ross Youth Tug of
War Club** on
Facebook

There will be a youth
tug of war team this
summer.

Details coming soon!

Sign up with your
friends and see what
tug of war is all
about!

This is one of the
fastest growing
sports in NS!



Did you know...

That New Ross had wooden snowplows at one time? The picture on the left is the earlier model from 1930's to early 40's. The bottom right picture required a two man crew, one to operate the wing. Back in the day the snow piles used to be as high as the power lines and to clear the roads men had to shovel the snow by hand.



New Ross Heritage Matters Weekly Social



NEW LOCATION – ROSS FARM

Welcoming all fibre artists including knitters and crocheters, quilters, rug hookers, and felters to join the **new** Wednesday afternoon social group at the New Ross Royal Legion. Enjoy coffee, tea and treats and great conversation.

Cost \$5 weekly fee. Wednesdays, until May 1, 2024; 1-4 pm See you again in September!

For more information contact Ellen Tancock 902-222-9133, gogirl665@gmail.com
OR Cathy Michael 416-347-0550, camichael2622gmail.com. Come on out and enjoy the fun!



The New Ross Wrist Rollers now have a club logo. It has been almost 2 years since the club formed and we are very proud to be hosting the **NS Provincial Tournament May 11** at the Forties Community Centre. We would love to see as many spectators there that day as possible!

Practices will be posted on the “New Ross Armwrestling” Facebook page. Set dates for April are the 21st and 28th 2-4 at the Family Resource Centre. Free and everyone welcome!

Upcoming Events:

April 6th Atlantic Canadians

May 11th NS Provincials in New Ross Weigh ins at 9
Competitions start at 11am

June 28-30th Nationals in Quebec

August 17th New Ross Fair

Sept 30th – Oct 6th IFA World Championships in Greece

Oct 19th Battle of the Atlantic

Forties Community Centre

~ Where Old Friends Meet! ~



1787 Forties Road

Phone:

902-689-2000 Centre

Or 902-689-2612

Or 902-689-2147

Email: fortiescc@gmail.com

Rental Info & Bookings:

Ervin Broome 902-689-2782

Follow us on Facebook!

Crib Tournament April 7th 2024

Doors open 12 noon Registration starts 12:30

Play starts 1pm \$ 20.00 / team

For more information call 689-2147

Canteen, wheelchair accessible (ground level)

Tournaments are the 1st Sunday of each month



Card Parties – Tuesdays evenings at 7pm starting in April

\$3/person. For information, call 902-644-3359

VENDORS WANTED:

Flea Market & Yard Sale Sat, May 4 9am - 3pm

Tailgate vendors or tables = \$10

Reserve your spot: Ervin 902-689-2782 or Marsha 902-689-2612

Donations are now being accepted for the May yard sale and flea market at the Forties Community Centre. Drop-off at the centre Tuesday afternoons from 1 - 3pm or call Marsha at 689-2612 to arrange an alternate time.

April Supper - Sun, April 14 - 4-6pm

Baked beans, Scalloped Potatoes + Ham, Pie / Cheesecake Dessert, tea & coffee. Adults: \$17, Under 12: \$7.50, Under 5: \$3.50 Eat in or Take-Out.

For more info call 902-689-2147.

Flea Market + Yard Sale Sat, May 4th 9am - 3pm (weather permitting)
BBQ'd HOT DOGS + SAUSAGES. Fully Accessible Facility

Next Crib Tournament - Sun, May 5th

May 11 – Provincial Arm Wrestling Tournament

Firefighters' Mayfest Breakfast & Bake Sale



May 4, 2024
7:30am – 10:00am
New Ross Firehall

Menu: eggs, bacon, sausage, toast, pancakes, juice, tea, coffee

Cost: Adults - \$10, Children (Ages 5-12) - \$5, Preschoolers – free

Anyone wishing to make a donation of baked goods or who would like to donate some time to help at the breakfast, please call Linda at 689-2477

Your support is greatly appreciated!



It will soon be that time of the year for Spring Cleaning! If anyone is looking for a new home for their Stuffed Animals, we can gladly take them off your hands. You can contact Linda Meister at (902) 689-2477 or Jan Reeves at (902) 689-2018 to make arrangements.

We would like to **THANK YOU** in advance for thinking of us!

New Ross Fire Department Committee



Business Section

Julia Sanders RMT

* Registered Massage Therapist
* Craniosacral Therapist

Afternoon and evening appointments available.

Phone: (902) 689-2849
E-mail: juliasandersrmt@hotmail.com

4905 Highway 12, New Ross

ULTIMATE INCOME TAX INC. (OWNERS GARY & JENNIE GRAVES)

**ARE YOU MAXIMIZING YOUR PERSONAL TAX BENEFITS?
HAVE YOUR PERSONAL TAX RETURN PREPARED BY A PROFESSIONAL
WITH OVER 40 YEARS OF EXPERIENCE**

Contact Jennie at jenesta54@gmail.com or call 902-877-4222,
20 Barkies Way, New Ross, NS, B0J 2M0

Danielle Barkhouse

MLA Chester-St. Margaret's



Office Location:
#3, 4080 Highway 3
Chester NS
B0J 1J0

Hours:
Mon-Fri 10am – 4pm
Wheelchair accessible

Office Phone: 902-275-2501
Email: BarkhouseMLA@gmail.com
Facebook: @BarkhoueMLA



New Ross Credit Union invites you to attend their Annual General Meeting on:

Date/Time

Wednesday, April 17, 2024
Social 6:30pm / Meeting 7:00pm



Place

New Ross Legion
64 Forties Rd, New Ross, NS

Light refreshments will be served.
All members are welcome and encouraged to attend!





Stronger Together

We are excited to announce that the Boards of **Community**, **New Ross**, and **Victory Credit Unions** are recommending a merger.

**Stronger
Together**

We encourage you to learn more.
StrongerTogether-CU.ca





Plant & Worm Sale

MAY 11 10 AM - 1PM

5491 Hwy 12, Harriston

Getting Your Garden Ready for Planting

✓ No-till Gardening

This year, we'd like to share our experiences using the no-till gardening method to build soil. Come with your questions and experiences with no-till gardening to share with others.

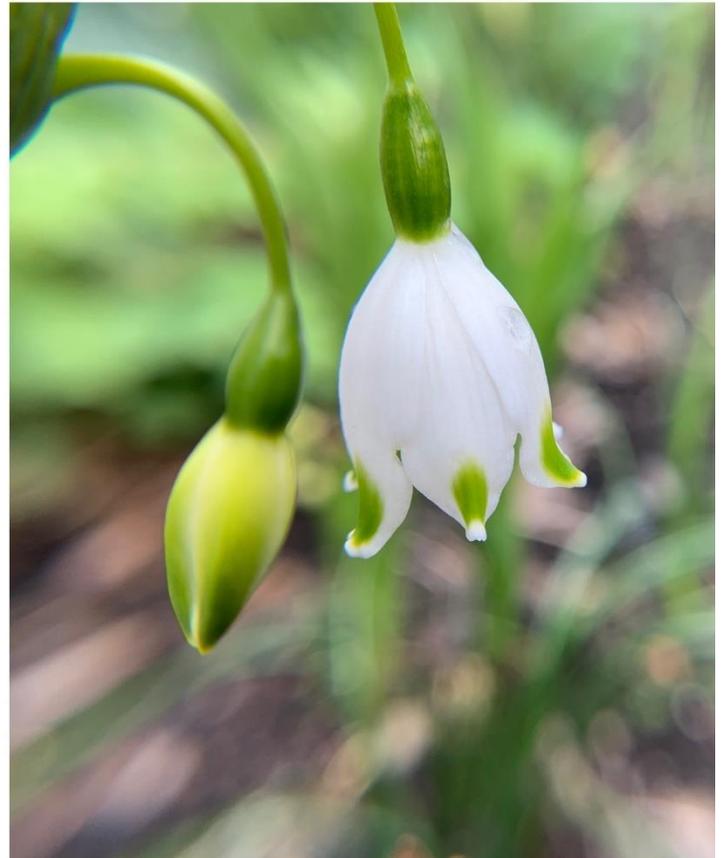
✓ Worm Compost Tea

We've started composting with red wiggler worms and will do a demonstration of our worm bin system for anyone interested in learning how to compost with worms. We'll have worm compost tea and red wigglers for sale. Care and feeding instructions included.

✓ Plants

We'll have foxglove, pink & white anemones, gooseneck loosestrife, and other favourites available.

No admission fee.



ATTENTION!

ALL VOLUNTEERS!

We are embarking on a mission to craft a seasonal 9-hole mini putt course for the community, and we need your expertise to bring this vision to life!

**MAY
11**

Prepare to immerse yourself in a world of DIY wonder! Assemble your team of 2-3 individuals and let's dive into the creation process.

HERE'S WHAT AWAITS YOU...

- Complimentary tent space for all teammates and their families (Friday and Saturday).
- BBQ feast! Your first round of hotdog/hamburger and a juice or water is on us for each member of your team.
- A communal bonfire for a cozy evening of shared accomplishment and camaraderie.
- Mini contest, games, bouncy castle, prizes and more for the rest of the family.
- A discount on mini-putt for the next 1 year!
- Winning team walks away with:
 - a Handyman's prize basket full of goodies from our sponsors
 - A complimentary camping weekend to use on another date
 - A plaque to be fashioned to your mini-putt design
 - Complimentary mini-putt for 1 year
 - Bragging rights!

Bring your own tools and materials and unleash your inner MacGyver! Collect your scrap wood, materials, paint, whatever you need to make your creation come to life!

To ensure we have ample supplies and accommodations for everyone, please RSVP via email at laceminescampground@gmail.com.



SINCE  1939
**CHESTER
PLAYHOUSE**

*An evening
at the theatre!*

A Beginner's Guide to the Night Sky

A play by Colleen MacIsaac

a "triumph"
(Wayves
Magazine)

"an enchanting
play...deeply
moving" (NS
Reviews)

Directed by Garry Williams
Starring Rooks Field-Green
& Geneviève Steele



SINCE  1939
**CHESTER
PLAYHOUSE**

SATURDAY MAY 25 2:00PM & 7:30PM

FOR INFO & TICKETS VISIT
CHESTERPLAYHOUSE.CA
OR CALL (902) 275-3933

