

# The Flyer

April 2023 Edition

PO Box 55, New Ross, NS, B0J 2M0

**E-mail Ads and Notices to: [nrfrclaura@gmail.com](mailto:nrfrclaura@gmail.com)**

The deadline for receiving items for the **May Flyer is Wednesday, April 19<sup>th</sup> at 4 pm** with delivery coming on Wednesday April 26<sup>th</sup>, 2023.

Suggested donations for flyer ads:

Payments by cheque, cash, or E-transfer to [newrossflyer@gmail.com](mailto:newrossflyer@gmail.com)

Full page ad \$30                      ½ page ad \$15                      1/3-page ad \$10

Please remember to include your contact info with your ad (name and phone #)

**The Flyer acknowledges the following recent donations:**

Peasant's Pantry

Our Health Centre Association

Foraged Florals

Danielle Barkhouse MLA

Chester Playhouse Theatre

Sharon Millett

*Thank you all for your continued support!*

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## **ATTENTION BUSINESSES SERVICING NEW ROSS & AREA** *Business Directory ~ A project of the New Ross Regional Development Society.*

Plans are in the works to update the *New Ross Business Directory*. This is a convenient guide of goods and services that you use everyday, like sourcing an electrician, getting a haircut, ordering pizza, & more!

The directory will list businesses by category and include contact information, such as phone number, email, or website.

If you own a business and want to be included, get in touch with Wendy Moore or Tina Connors by April 15.

Wendy: [wendymoore@gnspe.ca](mailto:wendymoore@gnspe.ca); 902-698-9704.

Tina: [connorsbroome@gmail.com](mailto:connorsbroome@gmail.com); 902-679-4461.



# NEW ROSS FAMILY RESOURCE CENTRE

4691 Highway 12, PO Box 106, New Ross  
(902) 689-2414

\*Follow us on Facebook!

<https://www.facebook.com/nrfrfc/>

**OFFICE HOURS: M-Th 8-4, Fridays by chance or appointment.**

**Masks are optional, hand sanitizer is recommended and if you are unwell, stay home.**

**Executive Director:**



If you have any ideas for family programs or services please contact [nrfrckaren@gmail.com](mailto:nrfrckaren@gmail.com)

**Office Administrator:** Laura Broome, [nrfrclaura@gmail.com](mailto:nrfrclaura@gmail.com)

**Family & After School Program Co-ordinator:** Janice Cornelius, [nrfrcejane@gmail.com](mailto:nrfrcejane@gmail.com)

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The Annual General Meeting will be held Monday, May 29<sup>th</sup> at 6:30 pm at the Resource Centre. This is an open meeting and the public is welcome to attend!

**ON SITE BLOOD COLLECTION** every second THURSDAY.

You must call Colleen Hull at **624-0406** to book your appointment!

**BLOOD COLLECTION FEE \$15 For in Centre Collection.**

Some of you may have heard that Coleen is retiring and she in fact is, in April 2023 but will continue to provide the blood collection at the Resource Centre. We are very blessed to have Coleen provide such an important service for our community. We wish her a wonderful retirement!

**Upcoming Dates:** April 13<sup>th</sup> & 27<sup>th</sup>                      May 11<sup>th</sup> & 25<sup>th</sup>                      June 11<sup>th</sup> & 25<sup>th</sup>

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## **Free Counseling for Women in New Ross**

**Information from Nicole Robson about her counselling services:**

My name is Nicole Robson and I am the Outreach Coordinator at Second Story Women's Centre. I am happy to say that due to the support of the New Ross Family Resource Centre I will be able to offer some one-on-one counselling support every two weeks in New Ross. Second Story offers support through a trauma informed approach, and I have worked with people dealing with anxiety, depression, trauma, and grief and loss. I like to work from a strength-based approach, and use tools such as mindfulness, and grounding techniques.

If you have any questions or would like to schedule an appointment, please call: 902-541-0343.

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## **New Ross Family Resource Centre**

### **OUR PROGRAMMING:**

**Playgroup with Janice:** Free, every Monday 10am - 11:30am when there is school. For families with children, birth to age 5. Includes free play, art activities, reading, music, a healthy snack and an opportunity for the adults to connect. Note: There will be no Play Group on April 3 (Staff Training) or April 10 (Holiday).

**At Home Learning Kits:** A learning/play kit which includes activities for children (ages 1-5 years old), family activities (such as cooking), or an online component (such as a read-aloud book). These are prepared monthly when funding is available and pre-registration is required.

**EmPower! Ladies Support Group:** Come join us on Wednesday, April 5 and Wednesday, April 19, from 10am - 12pm. Come join us for a hot beverage, make connections to others in the community, have access to resources, and gain friendship.

**Community Cupboard:** Free for all community members to use. We welcome folks any time during our regular business hours (Monday - Thursday, 8am - 4pm). Come take what you need or leave what you can.

### **REGISTRATION is still open for Seed Kits & Family Food Box Program!**

**Seed Kits:** We will have limited seed kits available to those who register. They will include a mix of seeds (Beets, Carrots, Green Beans, Kale, Lettuce, Peas, Pumpkin, and Yellow Beans) and a \$10 gift certificate to T&D Nursery for any of your gardening needs.

**Family Food Box Program:** This year we will have 24 available spaces for families\* (\*must have children living in your household under the age of 19). This program will be free for these families, each month (April through November, you will receive local, fresh produce at no cost to participants). We will have a waitlist for folks who do not have children at home, if we do not fill our spots with families, we will call you.

### **\*\*NEW PROGRAMMING\*\*:**

**Free Meals for Families:** Starting in April 2023. A partnership with the Forties Community Centre and their monthly suppers to help support all families with children under 19 (living at home) to share in having a local, nutritious home cooked meal provided to them for free. Simply come to the Centre and let us know who in your household would like a free meal, present the coupons at the door of the supper, sit down and enjoy your meal or get take home and enjoy in your own home.

**Girl Talk with Janice:** Details will go home to families through the school for the intended population and will be posted on our Facebook Page as soon as information is available.

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Some Programs & Services that can be offered when they are needed: **Pre/Post Natal** (individual or small group sessions to learn about pregnancy, childbirth, meet other new parents), **Rainbows** (emotional healing among children, grieving from loss or life-altering crisis), and **Nobody's Perfect Parenting Program** (open to all parents/caregivers of children age birth to 5 years, helps parents/caregivers recognize their own strengths and to find positive ways to raise healthy, happy children, building on what they already know and do for themselves and their children). **AMP-ed Up!** (adult group program that places an emphasis on understanding emotions, enhancing communication and stress management skills. You will gain the ability to regulate your emotions better and manage your feelings in a productive way).

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**OTHER SERVICES/PROGRAMS OFFERED HERE:**

**Parenting Journey Program:** Parenting Journey is a FREE, voluntary program that helps to strengthen relationships between children, parents/caregivers, family members and their community. Parents/Caregivers are welcome to refer, or any service provider can assist with a referral. For more information, please contact the Better Together Family Resource Centre's Parenting Journey Coordinator, Emma Reeves at 902-543-3119.

**Yoga with Mona:** Wednesday's starting March 22, 6:30pm - 7:45pm. 10 week session for adults = \$120.00. Still have spots available, call to register.

**Blood Collection:** Contact Colleen to book or cancel appointments, 902-624-0406. See ad for current dates and prices.

**Counseling Services with Nicole:** Updated contact information and dates will be provided as we know them.

**New Ross After School Program:** Monday - Friday, 2:25 - 6:00pm, throughout the school year. Contact Janice at 902-277-1823 or [nrfrejanice@gmail.com](mailto:nrfrejanice@gmail.com) for more information and availability.

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# Community News

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## New Ross Historical Society

The New Ross Historical Society is celebrating 35 years! Here, they are going through recent donated acquisitions. If you have some older news clippings, they are always accepting donations!

The New Ross historical Society has quarters at The Learning Centre, Ross Farm Museum. Microfilms, genealogies, historical publications, Maps and folders containing historical information pertaining to New Ross and beyond are housed there. The Historical Society meets monthly at 7pm on the 4<sup>th</sup> Wednesday of every month at the Ross Farm Museum. **Everyone is Welcome!!**

Here's how you can contact this great organization:

PO Box 35

New Ross, NS Canada B0J 2M0

[newrosshistorical@gmail.com](mailto:newrosshistorical@gmail.com) or Follow us on Facebook!



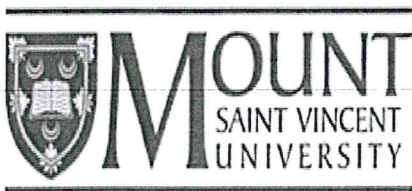
## Caregivers and Community Partners;

Caregivers Nova Scotia, in partnership with the NS Centre on Aging, invites family/friend caregivers to visit [www.NSCaregivingProject.ca](http://www.NSCaregivingProject.ca) to share your experiences via an online survey.

If you are a caregiver who provides care to someone with a physical or mental disability, chronic illness or disease, older or frail, or palliative, we want to hear from you. We are looking for caregivers who care for children with complex needs, sibling caregivers, caregivers supporting parents or spouses, caregivers caring for someone living in Long Term care, and more! Sharing your experiences will help us understand the needs and ways to better support caregivers in Nova Scotia.

All survey participants will be entered into a draw to win a gift card.

For more information, email [CaregivingProject@msvu.ca](mailto:CaregivingProject@msvu.ca) or call 1-877-302-4440 for more details.





# Walk-in “With Appointment” Clinic

## Schedule for APRIL 2023

### 902-273-2098

Check out All the other amazing programs & services at OHC, [www.ourhealthcentre.ca](http://www.ourhealthcentre.ca) or drop into OHC and pick up a copy of the monthly newsletter , The BUZZ

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>**Schedule Is Subject to Change**</b>					1 10:00 am to 2:00 pm
2 CLOSED	3 CLOSED	4 10:00 am to 2:00 pm 5:00 pm to 9:00 pm	5 10:00 am to 2:00pm	6 9:30 am to 2:30 pm	7 CLOSED (GOOD FRIDAY)	8 CLOSED
9 CLOSED	10 CLOSED (EASTER MONDAY)	11 10:00 am to 2:00 pm 5:00 pm to 9:00 pm	12 10:00 am to 2:00pm	13 9:30 am to 2:30 pm	14 CLOSED	15 9:00 am to 1:00 pm
16 CLOSED	17 CLOSED	18 10:00 am to 2:00 pm 5:00 pm to 9:00 pm	19 10:00 am to 2:00pm	20 9:30 am to 2:30 pm	21 CLOSED	22 10:00 am to 2:00 pm
23 CLOSED	24 CLOSED	25 10:00 am to 2:00 pm 5:00 pm to 9:00 pm	26 10:00 am to 2:00pm	27 9:30 am to 2:30 pm	28 CLOSED	29 9:00 am to 1:00 pm
30	<p><b>Call 1-902-273-2098 starting 30 MINUTES before each shift to make a same day appointment pre-booking is no longer available.</b></p> <p><b>You must have an appointment to come to the 2<sup>nd</sup> floor walk-in clinic. <i>You must wear a mask – please bring one with you.</i></b></p>					

Admin office 902-275-3847    [lburch@ourhealthcentre.ca](mailto:lburch@ourhealthcentre.ca)    Walk-in clinic 902-273-2098  
Address: 3769 Hwy #3 PO Box 74 Chester NS B0J 1J0



~ A WINDOW INTO THE PAST ~

Ross Farm Museum is opened  
Winter Hours Jan 4<sup>th</sup> to April 30<sup>th</sup>  
Wednesday to Sunday from 9:30AM - 4:30PM  
Closed Mondays and Tuesdays



&

NOVA SCOTIA  
Department of Agriculture

Presents:

## Seasonal Ground Preparation April 1st @ 9:30 - 4:30

Department of Agriculture Representative Kevin Morin will talk about seasonal ground health and preparation including mechanical soil prep: ploughing, tilling etc. and amendments: compost, fertilizer, lime. Participants will learn what to look for in their soil health and how to make improvements as necessary. In the afternoon, participants will get a look at Ross Farm's animal power practices as well as Bar M Ranch's more modern, tractor-based practices!

### Schedule:

**9:30 - 12:00** - Seminar on ground prep, covering: machines, techniques and amendments

**12:00 - 1:00** - Lunch

**1:00 - 2:15** - A look at Ross Farm field practices

**2:15** - Transfer to Bar M Ranch

**2:30 - 4:30** - An overview of the Meister family's field prep techniques, tips and tools.

**Price:** \$50.00 + tax per person

**Admission:** Adult \$10 Senior (65+) \$8 Students (with Student Card) \$8  
5 & Under Free Family (max 2 adults) \$25

Child (6-17 years) \$4

# Forties Community Centre

~ Where Old Friends Meet! ~



1787 Forties Road

Phone:

902-689-2000 Centre

Or 902-689-2612

Or 902-689-2147

Email: [fortiescc@gmail.com](mailto:fortiescc@gmail.com)

Rental Info & Bookings:

Ervin Broome 902-689-2782

Follow us on Facebook!

## Crib Tournament April 2<sup>nd</sup>, 2023

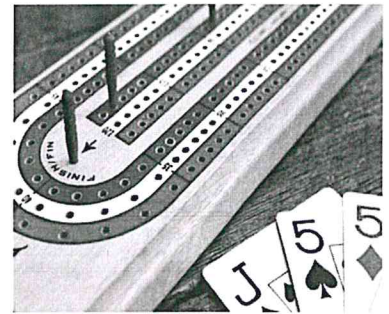
Doors open 12 noon Registration starts 12:30

Play starts 1 pm \$ 20.00 / team

For more information call 689-2147

Canteen available, wheelchair accessible (ground level)

Tournaments are the 1<sup>st</sup> Sunday of each month



**Card Parties** – Tuesdays @ 7pm \$3/person. Lunch provided. 50:50 draw. For information, call 902-644-3359

## Baked Bean Supper – Sunday, April 16<sup>th</sup>, 4 – 6 pm

Baked beans, scalloped potatoes + ham, pie or cheesecake dessert, tea + coffee

EAT IN or TAKE-OUT

Fully accessible facility

Adults \$15.00

under 12 \$7.00

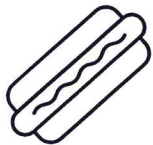
under 5 \$3.00



## Flea Market + Yard Sale - Saturday May 6, 9 am – 3 pm

(Sunday, May 7 rain date)

BBQ'd hot dogs + sausages



**VENDORS WANTED re: Flea Market + Yard Sale**

Tailgate vendors or tables \$10

Reserve your spot: Ervin 902-689-2782 or Marsha 902-689-2612





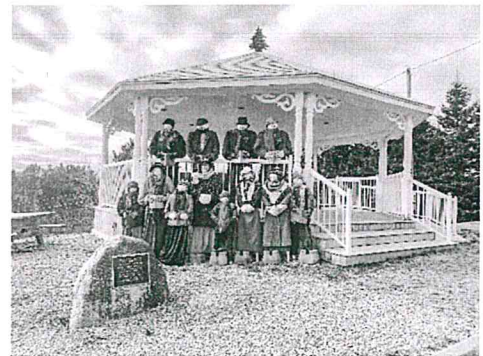
## NEW ROSS REGIONAL DEVELOPMENT SOCIETY



The New Ross Regional Development Society is having their Annual General Meeting on Wednesday, May 10<sup>th</sup> 2023 upstairs at the New Ross Legion at 7 pm.

The NRRDS is an organization best known for being the body in charge of our beloved Christmas Festival the first weekend of December, however this is only one of our efforts for the community. Other projects of the NRRDS include:

- Maintaining the Lions Picnic Park and walking trail created for locals and tourists to enjoy
- Purchased a high-quality P.A. system for use by all community groups
- Purchased and maintain our community bandstand which is the focal point of our village
- We have supported and sponsored the creation of a large family of Christmas Carollers, which adorn our community during the holiday season
- Completed the development of a strategic plan for the New Ross Community to provide for future projects and plans
- Completed the reconstruction of the community website ([newross.ca](http://newross.ca)) to better represent the appeal and vitality of our community
- We are organizing a data base of volunteers to be able to better suit your involvement with the time you are willing to give
- We are in the process of organizing a New Ross Business Directory in order to make it easier to *Buy Local*
- Being a part of the fundraising effort of our New Ross Rink as well as supplying the Porta Potty for the skaters' comfort.



I know that I speak for all of our society when I say that we are very proud of our community and together with old and new members, we will step confidently into tomorrow. Please come and be a part of it with us.

Scott Hamlin, Chair of the New Ross Regional Development Society

March 18/23

Mitchell Conrad  
Department of Public Works  
499 Jubilee Road  
Bridgewater, NS  
B4V 2A7

Hi Mitchell,

**Brush and tree mulching, Highway #12, Seffernville, Nova Scotia**

My name is Sharon Millett. As I am writing this letter, your mulcher machine is mowing down my living fence, as explained to several people on the phone from your department today, to no avail, keeps the road smog from my organic vegetable garden. As the machine came closer to the fence I spoke to several people on the sign crew and managing to catch up to the head told him that I had called the Dept., to voice my concerns and no one got back to me. I asked him if he could get the guy driving the machine to not mulch down my fence. He said it wasn't up to him, that he was just hired for the sign work and when asked if he could call the people to call off the mulcher he said he doesn't speak to those people, the people who hired him. I next went to see if I could speak to the person operating the mulcher and I finally got his attention. I explained the situation to him and he said he could go back 50 feet. I explained that we ourselves keep the bushes back because the Dept., doesn't. I asked him if he'd been speaking with anyone about my living fence, he had, and the response was only in regard to, we can go 50 feet from the center line and to make sure he stays within that. He also stated that he was just doing his job and that that's what he was hired for.

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Dept. Public works

March 18/23

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Here's the problem I have. You have done no bush cutting on the sides of the roads for many years and then when it gets to the point of getting out of hand you bring in mulcher machines that require sign people, a huge machine that takes up half the road, rips and tears at the trees and leaves a mess behind. It takes several years to heal over the mess the machine makes. If you would do regular maintenance of the road you would not need the big mulching machinery, the noise, re-routing traffic, etc., Regular maintenance of the bushes on the road requires bush saws and chain saws and does not leave a path of destruction. Regular maintenance of the bushes means the trees and bushes do not get to the size that requires big machinery to come in and mow them down, does not require sign people as there is no machinery out in the road.

Here's the other problem I have. You have no respect for the people you serve, someone with respect would have called me back to address my concern, the people who are paying you to keep their highways safe by keeping the bushes and trees from growing out into the road, as stated by the head of the sign people, they are doing the work to keep the animals from coming out into the road. So nobody cared for the past 20 years as the growth was growing out into the road, just now? I also have a problem that there is no supervisor on hand to speak with today, every person I spoke with in person here today passed the buck to the next person. As I discussed with your mulcher driver today to keep him away from my living fence, we have been clearing the bushes ourselves because no one else has been, leaving our fence intact.

You have created a very unpeaceful situation here with your refusal to speak to me in person as I had to flag down the mulcher driver to get someone to speak to about my situation (to no avail). How safe is that?

---

Sharon Millett

Resident of highway 12

# Firefighters' Mayfest Breakfast & Bake Sale



**May 6, 2023**  
**7:30am - 10:00am**  
**New Ross Firehall**

**Menu: eggs, bacon, sausage, toast, pancakes, juice, tea, coffee**

**Cost: Adults - \$10, Children (Ages 5-12) - \$5, Preschoolers - free**

Anyone wishing to make a donation of baked goods or who would like to donate some time to help at the breakfast, please call Linda at 689-2477.

Your support is greatly appreciated!

# **IG** **HC** G&C Hughes Enterprises Ltd.



Matthew, Colin and Rustin Hughes at the Lunenburg Queens Business Excellence Awards. March 6, 2023

About a month ago we were flattered to receive notification that we had been nominated for the Lunenburg Queens Large Business Award. To the person who nominated us, thank you. Thank you for taking your time to compliment us in such an unexpected way, it is truly an honor.

We would like to extend our gratitude to our wonderful customer base; without you this would not be possible. Thank you to LQBEA (Lunenburg Queens Business Excellence Awards) for such a great evening. We would also like to send a huge thank you to our employees, both past and present, whose hard work and dedication are all part of this accomplishment. I hope you are all as proud of this as I am of you.

Along with this achievement we are also promoting our new expansion and renovations. We encourage you to stop by and check out our assortment of safety gear and PPE equipment.

We stock a variety of Steel toe and chainsaw boots, chainsaw pants & chaps, hard hats, hearing protection, reflective vests, safety glasses and gloves, along with rain gear including rubber boots; we also have hats, hoodies, shirts and jackets for sale.



BUSINESS HOURS		
	A.M.	P.M.
Monday	8:00	5:00
Tuesday	8:00	5:00
Wednesday	8:00	5:00
Thursday	8:00	5:00
Friday	8:00	5:00
Saturday	8:00	3:00
Sunday	CLOSED	



G&C Hughes Enterprises Ltd.  
136 New Russell Road, RR #2,  
New Ross, Nova, Scotia B0J 2M0  
Phone: (902) 689-2201

# High Tea Christ Church Guild

Come out and join The Christ Church Ladies Guild for an afternoon tea. Ladies wear your Fascinators or Fancy Hats and Gents wear your Derbys! We will be serving fancy cut sandwiches, sweets, and fruit, tea or coffee.

Date: Saturday, May 6 2023

Time: 2 pm - 4 pm

Place: New Ross Legion

We will be drawing for a few door prizes! This is a FREE WILL offering! Hope to see you there!



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## BIDS INVITED FOR THE CLEANING OF THE NEW ROSS FIRE HALL

The New Ross Fire Commission is now requesting bids to be submitted on a two-year contract for the cleaning of the local Fire Hall. A mandatory viewing of the site will be held on **Saturday, April 8<sup>th</sup> 2023 at 2:00 pm**, wherein all interested parties will have the opportunity to meet with the Fire Chief, who will provide a tour of the facility and outline the cleaning duties involved, after which bids are to be submitted no later than April 17<sup>th</sup> 2023 via email to Cameron Broome (cmrnbrm@gmail.com) or via mail to the Commissioners for Fire Protection for the New Ross District, PO Box 150, New Ross, NS B0J 2M0. For any further information please contact Chief Lyle Russell at 902-689-2778 or Cameron Broome at 902-689-2489.

# Update from Tina Connors Councillor – New Ross (District 6)



**National Volunteer Week** is a time to recognize and celebrate our volunteers. This year's celebration takes place April 16 to 22, 2023. The theme for 2023 - Volunteering Weaves Us Together - recognizes the importance of volunteering to the strength and vibrancy of our communities through the interconnected actions we take to support one another. Volunteers get involved in various ways, bringing individual perspectives and abilities, adding to our collective resilience. Woven together from coast to coast to coast, volunteering reinforces our ability to grow, thrive, and create change within our community, province, and country.

During National Volunteer Week 2023, we celebrate our collective impact. Through kindness, generosity and commitment to volunteering, we weave our lives together. MUCH appreciation to all volunteers. Without hesitation, always willing to give your time, talent, and energy. Thank you.

**Budget 2023-2024:** The 2023-24 budget was approved at the March 23 Council Meeting. Careful consideration was given to the proposed budgets for all municipal departments, especially in terms of the magnitude of needs. The final budget reflects financial priorities for the upcoming fiscal year, as well priorities that align with our Strategic Plan.

The Operating Budget for 2023-24 is \$31,272,251 and the Capital Budget, \$19,266,261. Residential and commercial tax rates have been reduced: a one cent reduction in the residential rate, bringing it to \$0.695, and a three cent reduction in the commercial rate, to \$1.50.

A few things to note:

- > total residential property assessments up 12.3%; total commercial property assessments up 15.3%;
- > residential properties that fall under the Capped Assessment Program (CAP) in N.S. saw an assessment increase of 7.7% or less [\* the CAP does not apply to commercial properties nor does it apply to any improvements (made) to a 'capped' residential property];
- > 79.5% of Chester Municipality residential property assessments increased by 7.7% or less.

A substantial portion of our annual budget includes 'mandatory or non-discretionary expenditures'. Mandatory contributions include provincial services, such as: RCMP & correctional services; education; library services; and more. For 2023-24 this amount equates to approximately 58.6% of our general tax rate.

All budget information is available to the public.

On a final note, if you are ever in need of an extra copy of the municipal **Waste Collection Calendar**, don't hesitate to get in touch with me, maybe for yourself, for a new neighbour, for a cottager! I think it's a great resource and full of lots of useful information & extra fun tips!

See you soon,  
*Tina C.*



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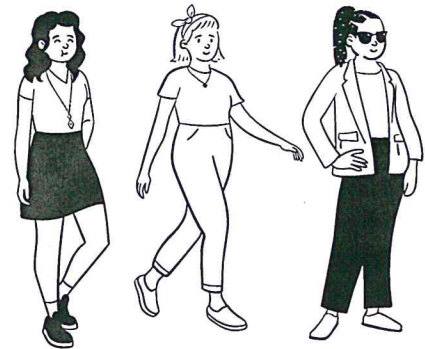
# Business Section

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**All is New Again Frenchy's** will be REOPENING at a new location- 45 Forties Road (the lower level of the Baptist Parsonage)

The new store will be offering a full line of high-quality women's fashions only! Dresses, shoes, coats, jeans, purses, jewelry, household treasures, décor, plus so much more!!

We are looking at opening in the middle of April!  
We will keep you posted!  
Looking forward to serving you soon.



*Janet and Staff*

## Our office is open for you.

*Wheelchair accessible. Hours: M-F 10 a.m. to 4 p.m.*

**Office Phone:** 902.275.2501

**Email:** BarkhouseMLA@gmail.com

**Facebook:** @BarkhouseMLA

**Instagram:** @mlabarkhouse

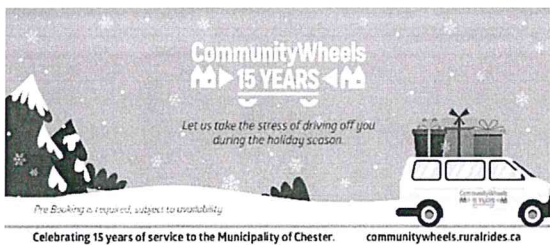
**Twitter:** @BarkhouseMLA

Office Location:  
# 3, 4080 Highway 3  
Chester, NS B0J 1J0



**Danielle Barkhouse**  
MLA Chester-St. Margaret's





## A service tailored to serve YOU!

**Where would YOU like to go?** A job interview, shopping, social visit, school, an appointment, out for fun, need a break from winter driving –**We can help with that.** Fares? Pay us what you can afford. Book in advance and we'll be at your door. Call for our **DAY-TO-DAY SERVICE.**

**Where would YOU like to go? Do you need assistance getting there?** We can help with that. We have accessible vehicles for those with limited mobility and/or seniors. Book in advance and we'll be at your door. Call for our **ACCESSIBLE SERVICE.**

**Where would YOU like to go? Planning an event or a group outing?** We can help with that. Perfect for any time a group may want to travel to a destination together. It's a safe, enjoyable way to reach where you need to go. Call for our **CHARTER SERVICE.**

**For more details on all our services, please contact us at 902-273-2440, email [commwheels@sswap.ca](mailto:commwheels@sswap.ca) or visit [www.communitywheels.ca](http://www.communitywheels.ca)**

*Friendly, affordable, dependable and door-to-door.*  
23 Collicutt Road Chester NS B0J 1J0

We are a registered charity! No. 814171427RR0001  
Please support our day-to-day service!



# Julia Sanders RMT

\* Registered Massage Therapist  
\* Craniosacral Therapist

Afternoon and evening appointments available.

Phone: (902) 689-2849  
E-mail: [juliasandersrmt@hotmail.com](mailto:juliasandersrmt@hotmail.com)

4905 Highway 12, New Ross



**CREDIT UNION**

**NEW ROSS**

**We believe in people  
over profits.**

It's what has kept credit unions in business for over 100 years.



56 Forties Rd, PO Box 32  
New Ross, NS B0J 2M0  
Phone: (902)689-2949, Fax: (902)689-2597

50 Highway 12, PO Box 69  
Chester Basin, NS B0J 1K0  
Phone: (902)275-3509, Fax: (902)275-2590

[www.newrosscreditunion.ca](http://www.newrosscreditunion.ca)

## NOTICE

### Annual General Meeting

It is time once again to come together to celebrate the successes of another year.

Date: April 18, 2023  
Place: Chester Basin Legion  
Time: Social 6:30pm  
Meeting 7:30pm

All members are welcome, and encouraged, to attend.



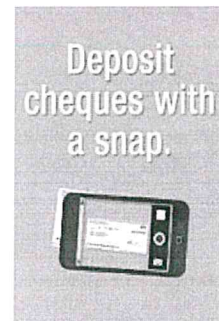
For more information visit our website at  
[www.newrosscreditunion.ca/Home/ProductsAndServices/YourMoney/ElectronicServices/InteracTransfer/](http://www.newrosscreditunion.ca/Home/ProductsAndServices/YourMoney/ElectronicServices/InteracTransfer/)



### DO YOU HAVE A CREDIT UNION DEBIT CARD CHIP CARD?

Your Credit Union Debit Card gives you easy access to your money at thousands of automated teller machines (ATMs) around the world 24 hours a day, 7 days a week. As well, it provides convenience and security by using the Direct Payment option for all your retail purchases as well as Interac Online Payment, where available.

**PLEASE NOTE:** *Having a debit card allows you to pay all bills that can be paid in branch at either of our ATMs*  
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[www.newrosscreditunion.ca/Home/ProductsAndServices/YourMoney/ElectronicServices/DepositAnywhere/](http://www.newrosscreditunion.ca/Home/ProductsAndServices/YourMoney/ElectronicServices/DepositAnywhere/)

**Both branches will be CLOSED  
on April 7<sup>th</sup>  
for Good Friday**



### MemberDirect™ Online Banking

Convenient! Secure! Easy!

You can manage your money anytime of the day or night, when it suits your schedule, not ours.



Floral Design Studio

# Exploring connections with flowers beyond bouquets.

Watch for these upcoming workshops:

- creating flower essences
- join an on-site plein air in any medium for all skill levels of painters
- explore your creativity on our permaculture flower farm.



## Foraging Wild Foods and Medicine

with Oren Hercz RHP (HANS)

Are you interested in learning to use the wild plants around you as food and medicine to support good health? In this hands-on workshop, clinical herbalist Oren Hercz will teach you to identify, harvest, store, and eat some abundant local medicinals. Along the way, we'll harvest medicinals to make a nourishing wild salad and wild pesto for lunch, served with seasonal cordial.

**July 9, 10-2 pm** Cost \$50 plus HST | Register at [foragedfloralsnewross.ca](http://foragedfloralsnewross.ca) by July 1.

Learn about Oren at [www.orenhercz.ca](http://www.orenhercz.ca). Minimum number of participants needed for workshop.

## How to Make BioChar

Biochar is a sustainable, long term soil amendment that enriches soil biodiversity. In this workshop, you learn step by step how to make biochar. All materials supplied.

**April 23, 1- 3 pm**

Cost \$25 plus HST | Register at [foragedfloralsnewross.ca](http://foragedfloralsnewross.ca)



## Garden Obelisk

For a small garden, an obelisk gives height. For a large garden, it gives visual interest. For the wee ones, it makes a great tent! All materials supplied.

**May 13, 1- 3 pm**

Cost \$35 plus HST | Register at [foragedfloralsnewross.ca](http://foragedfloralsnewross.ca)

902-209-3638

# PLAYHOUSE WITHOUT WALLS SPRING 2023

APRIL 15TH

## QUOTE THE RAVEN

FOLK DUO

WITH  
KRISTEN  
MARTELL



APRIL 25TH

IN CONVERSATION:

## ANDRE FENTON

Award-winning  
Novelist,  
Filmmaker  
& Spoken  
Word Artist



MAY 4TH

Stories & Songs of  
**STOMPIN'  
TOM**

Featuring  
Whiskey Jack



MAY 26TH

## THE KNITTING PILGRIM

90 LBS OF YARN, 15 YEARS  
& ONE INCREDIBLE STORY  
A play by Kirk Dunn



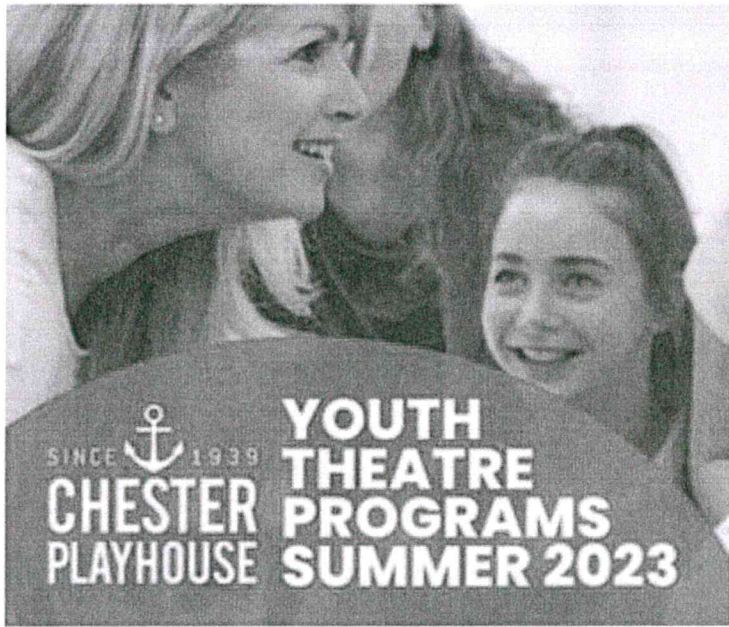
EARLY BIRD PRICING

HALF PRICE  
YOUTH TICKETS

AFFORDABLE COMMUNITY  
TICKETS AVILABLE

FOR INFO & TICKETS  
VISIT

CHESTERPLAYHOUSE.CA  
OR CALL THE BOX OFFICE AT  
(902) 275-3933



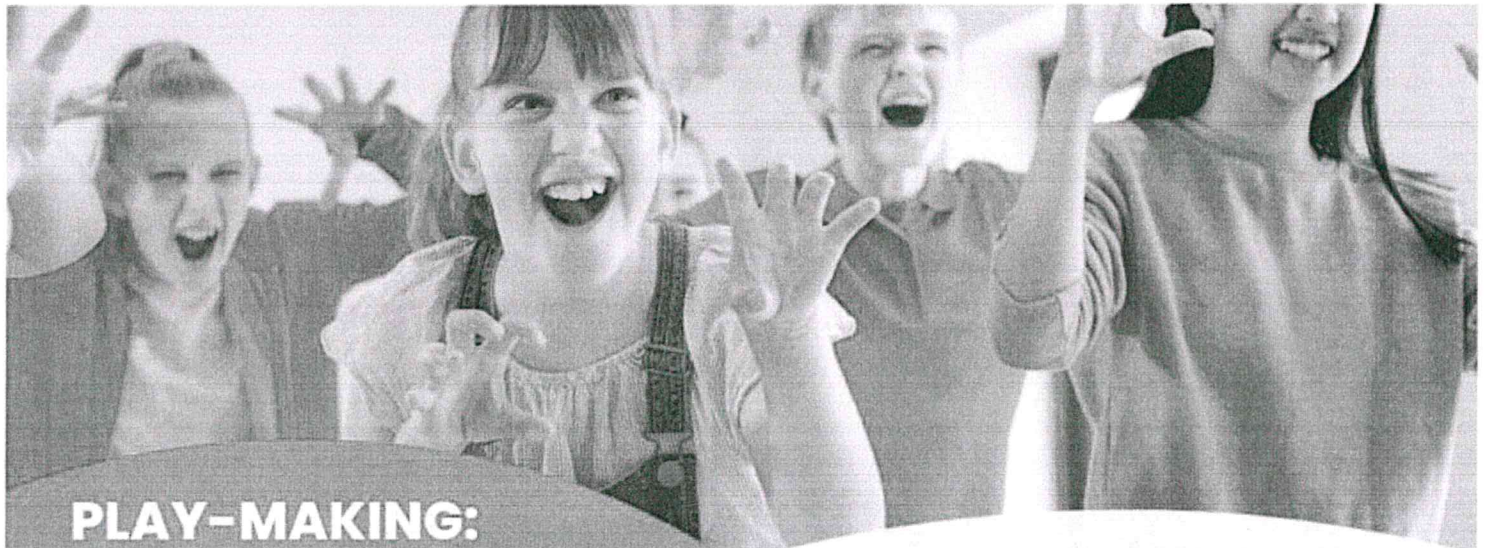
SINCE  1939  
**CHESTER  
PLAYHOUSE**

**YOUTH  
THEATRE  
PROGRAMS  
SUMMER 2023**



**MAKE 'EM LAUGH!:**  
SLAPSTICK, COMEDY &  
PHYSICAL THEATRE

**AGES 7-12  
AUG 8-11**



**PLAY-MAKING:**  
INTRODUCTION  
TO ACTING & THEATRE

**AGES 7-9  
JULY 24-28**

**AGES 10-12  
JULY 31 - AUG 4**

**REGISTER TODAY!**

All programs run 9AM - 4PM daily  
at Chester Area Middle School

Bursaries available



**FOR MORE INFORMATION & TO REGISTER VISIT  
[WWW.CHESTERPLAYHOUSE.CA](http://WWW.CHESTERPLAYHOUSE.CA)**